

Vietnamese refugees face serious adjustment problems here —

see Insight, page 3.



BART's recovery yields little for S.F.

by Anna Figueroa

BART is scheduled to return to service today after more than a month of inactivity. It will be in a more limited capacity than usual, with less to offer in San Francisco than the East Bay and even less to offer to SF State students.

BART will run eight-car trains between Lafayette and 24th Street in San Francisco on weekdays. Trains will run between 6 a.m. and 6 p.m. at 16-minute intervals during peak periods and at 32-minute intervals throughout the rest of the day.

BART will also supplement the AC Transit bus line with feeder bus service from the Concord, Pleasant Hill and Walnut Creek stations to Lafayette, to accommodate passengers along the excluded East Bay route wishing to transfer to the train.

However, BART has not offered and, apparently, does not intend to offer, assistance to commuters within San Francisco.

Frank Bauer, assistant superintendent of transportation for the Muni Railway, says Muni will monitor the situation "for the time being."

"We've added five extra trolleys to the Mission Street lines and on Thursday we will increase the number to 10," he said. "I don't think there will be many outward-bound transfers. SF State students still have the 26 Valencia line."

Current plans do not include transportation assistance for riders from the Daly City, Balboa Park and Glen Park stations. Commuters arriving at the 24th Street Station from the East Bay and from within the city will have to transfer to the train.

—see BART, page six

No expense vouchers

AS policy draws fire

by Vickie Evangel

Student government leaders are under fire for adopting a policy permitting them to draw up to \$40 per day for off-campus conferences — without filing the necessary expense vouchers.

The policy will be tested today when the Associated Students legislature meets on an AS resolution proposed by speaker Linda Landry to cut down expenses.

Landry's actions come just one week before 27 AS members are scheduled to attend a conference at Fresno State University. The group has already been awarded \$80 apiece for the two-day meeting, even though food and housing are being provided by the host campus.

Landry has proposed dropping the per diem allowance from \$80 to \$20, calling it "an exorbitant and inexcusable expenditure of the AS funds."

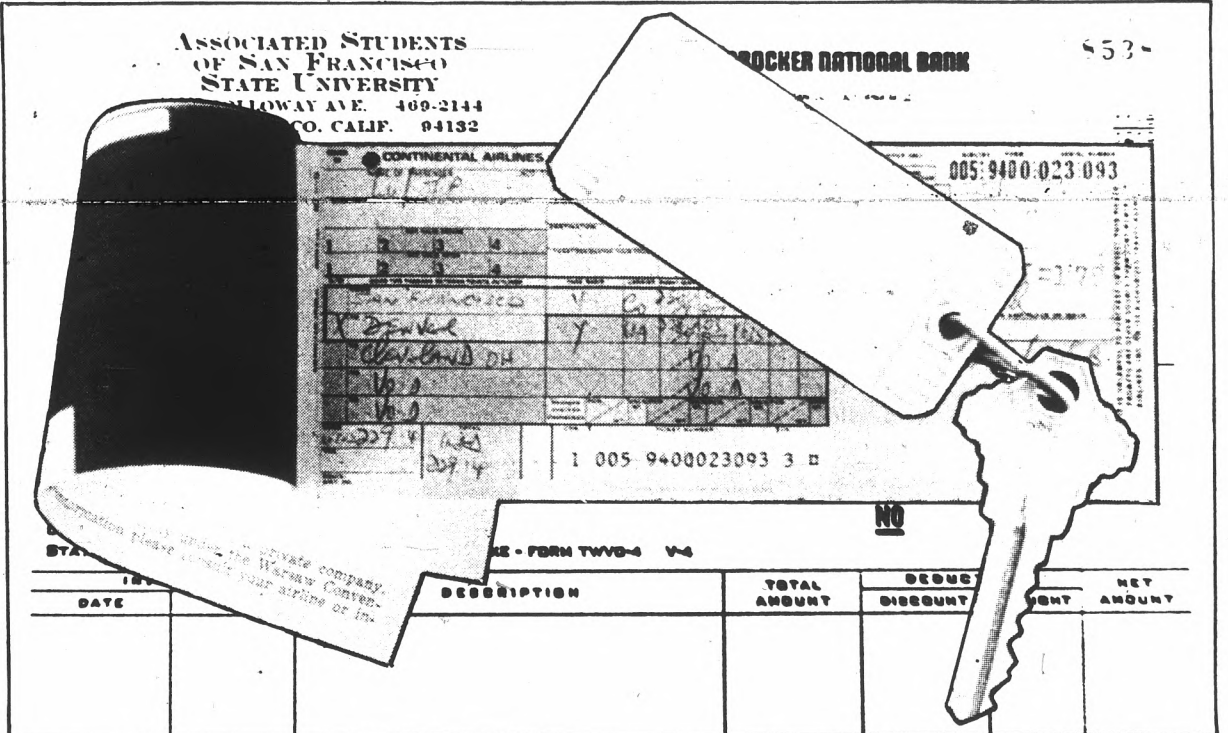
The \$80 allowance, if allowed to stand, would result in a \$2,160 expenditure of AS funds for the Fresno conference.

Landry said she was warned that attempts to change the AS travel policy would be considered an overstepping of her bounds as AS speaker. She would not identify the source of those threats.

"Frankly, I wouldn't approve such an expenditure even if it meant my job," she said. In the past, Landry said, travel receipts were always required.

There seem to be questions concerning not only what the current AS policy says, but also what, if any, are the differences from the former policy.

Bob Quinn, campus Auxiliary Accounting officer, confirmed this. "It is stated in AS policy, that if meals are



included in the conference fees, as they are in this case, then receipts from travel, motel and other major expenses must be turned into the accounting office," he said.

"Now that receipts are no longer required," Landry said, "a check is made out to the representative, usually in the amount of the maximum \$40 per diem allocation, and the student does not have to account for that money in the form of receipts to the accounting office."

But AS President Steve Gerdson said the current policy eliminates filing expense vouchers. He said he did not know whether this was an oversight by

the draftsmen of the policy. Nor could Gerdson say who wrote the document.

When Landry confronted Gerdson with her proposal, she said that he urged she only change the \$40 daily expense figure, not the entire travel policy.

Takle Haileselassie, chairman of the finance committee, does not think receipts should even be an issue.

"When a student is given per-diem, what he does with that money is his own business," said Haileselassie. He said "if an AS representative wanted to sleep on the beach rather than pay for more formal accommodations, then 'the money is theirs to do with as they please.'"

The Fresno conference costs, including personal expense accounts, total \$3,609. Landry seeks to whittle that down to \$1,636.

Under her proposal, the conferees could only be reimbursed a total of \$20 per day, or a total AS expenditure of \$600, rather than \$2,160.

Attending AS members are also eligible for five meals and will get free transportation in AS-rented vans. The Fresno sponsors will provide sleeping accommodations for the visiting student government leaders.

"I am being pressured to pass the (\$40 travel allowance) on," Landry

—see JUNKET, page six

Labs open Saturdays for junior scientists

Minority youth aided by volunteer program

by Gary Hinds

A young boy's desire to form a youth science club has been realized with the help of the SF State Science Department. Each weekend, about 90 minority and disadvantaged "Young Scientists of Tomorrow" meet to experiment in unused science labs here.

The group's founder, 12-year-old Todd Barker, became interested in science after receiving a stethoscope and chemistry set on his ninth birthday. Soon he had formed a club which permitted his science-oriented friends to explore their field of interest.

That interest grew when Todd visited a campus science lab recently. He convinced his mother, Dorothy, an SF State student, that the youthful scientists could profit by using the college's professional equipment.

After all, Todd reasoned, weren't the labs empty on Saturdays?

Realizing the potential of her son's proposition, Mrs. Barker investigated the possibility of using the labs.

"The first thing I did was lots and lots of research in libraries," said the energetic mother, as she sat in the Young Scientists of Tomorrow's SF State headquarters.

"Then I approached Dean of Science James Kelley with a case full of newspaper clippings which illustrated the need for adolescent minority education in the sciences."

To her relief, she found the dean receptive to her son's concept.

"Kelley was very concerned about the need for minority education, and he immediately approved the plan," said Mrs. Barker.

"From that first meeting he never once failed to make himself available to me as I got the program together.

Without Dr. Kelley there would be no Young Scientists of Tomorrow."

Last month, Mrs. Barker demonstrated YST's appreciation by staging a successful dinner reception in Kelley's honor.

Although Todd and Dorothy Barker encountered some difficulties in

forming YST — not the least of which was Proposition 13 — the organization now instructs 90 students each week.

It will soon publish a science newspaper and expects to receive a grant to help assure the club's continued growth.

YST meets here every Saturday morning from 9 to noon. Qualified minority and disadvantaged 7th through 9th graders can use the lab's facilities for free.

Parents of student members meet every other week to help plan the direction of future lab sessions.

"Parent involvement is absolutely essential to the program," stressed Mrs. Barker, although the students are given a free hand to help tailor the program to best suit their needs and interests.

At each Saturday meeting, Todd calls roll. He then yields the floor to a volunteer campus science instructor or a guest speaker, who lectures the budding scientists.

Students then break into smaller groups and retreat to different labs to perform experiments and witness demonstrations.

For Todd, YST is the realization of a dream and a step toward his goal of one day becoming a doctor.

For Mrs. Barker, the organization offers minority kids a chance to prepare early for jobs in the sciences, a chance she believes is sadly lacking in an environment in which minorities are urged into sports rather than into more intellectual pursuits.

"I'd like to see 10 to 20 classes, all of them full, held each Saturday," she said. "I'd like to see all those kids getting together and learning."

More basic units sought

by Sherry Posnick

Students will be faced with eight additional units of General Education requirements if the SF State Academic Senate ratifies, and President Paul F. Romberg approves, a proposal by the campus' General Education Council.

The proposed guidelines are nearly identical to those approved by the CSUC Chancellor's Office. Both increase GE requirements from 40 to 48 units.

Under the plan, students would still need 124 units to graduate.

"This will increase the opportunity for students to

get more of a breadth of knowledge," Richard Trapp, president of the General Education Council, said. "It's necessary to continue one's general education all through the four years."

Trapp said the proposal will appear before the Academic Senate "hopefully sometime this fall — early on. I don't think there will be many changes when it does go to the senate."

According to Trapp, the proposal would not require students to spend an increased time in college. "It will be possible for students to count a maximum of 12 GE

—see BASICS, page six

Crisis in cookie credibility

by Will Stockwin

Let's face it. In many areas of American enterprise, standards of excellence have severely declined. Mass production, and the consequent market saturation, of cheap Brand X imitations have reduced the quality of everything, from automobiles to movie theater popcorn.

A sad case in point is the chocolate chip cookie.

In attempting to demonstrate that anybody can create one of these gastronomical wonders, numerous food corporations and local bakeries have proved only the opposite.

The pretenders found in today's supermarket are, for the most part, overpriced, under-chipped entities with the texture of charcoal briquettes and about as tasty.

Finding a bakery in San Francisco that offers something better is an exercise in frustration.

While there is usually an obligatory tray of CCCs, most of these places concentrate their talents on breads and

cakes. More often than not one suspects the round shapes on the tray are by-products of all the leftover dough, hastily studded with chips.

There are places however, where the connoisseur can buy what is reputed to be the real McCoy. Being a fair hand with a bag of cookies, I was asked to evaluate the four most highly touted examples.

Presented in order of fourth to first, there is the Original Cookie Company at the Tanforan Shopping Center.

The store is deep within the complex on the first floor. Further directions are unnecessary. Just follow your nose after entering the shopping area. The tantalizingly faint aroma soon becomes a cloying, sickly odor that is overpowering as you enter the store.

"Lots of real chocolate chips have made this America's favorite," proclaims the sign behind the counter. That may be, but the odor which encourages a change of mind is distinctly vanilla.

Cookies here come in two sizes: bite size and an "old fashioned four-and-a-half-inches of goodness." The

miniatures retail for \$1.80 a half pound and the large ones are 45 cents apiece or three for \$1.25. Variety is limited to regular and "chocolate chip plus" (with pecans).

The sign behind the counter doesn't lie. There are plenty of chocolate chips, but the rest of the cookie is a zero. What surrounds all those chips is a tasteless dough heavily fortified with sugar and vanilla. The overall texture and color of the finished product resembles the sand above the tideline at Ocean Beach.

Half an "old fashioned" seals the fate of the two left in the bag. They'll still be in there when the bag is thrown away. Milk is available.

Just Desserts' Pacific Avenue store was used as representative of all three locations and came in third.

It must be said that Just Desserts does not claim to be strictly a chocolate chip cookie emporium. They make a nice variety of quality baked goods, but the excellence of their carrot cake does not translate to their cookies.

The cookies are a bit too thick and moist, almost to the point of being

underdone. Kind of like chocolate chip cornbread without the corn.

Their prices are also the highest. One cookie costs 45 cents, six for \$2.45 and a dozen comes to \$4.95. This last amount is actually the correct price for 11 cookies; therefore, as the lady says, "You get one free."

Milk and a congenial atmosphere for munching are provided.

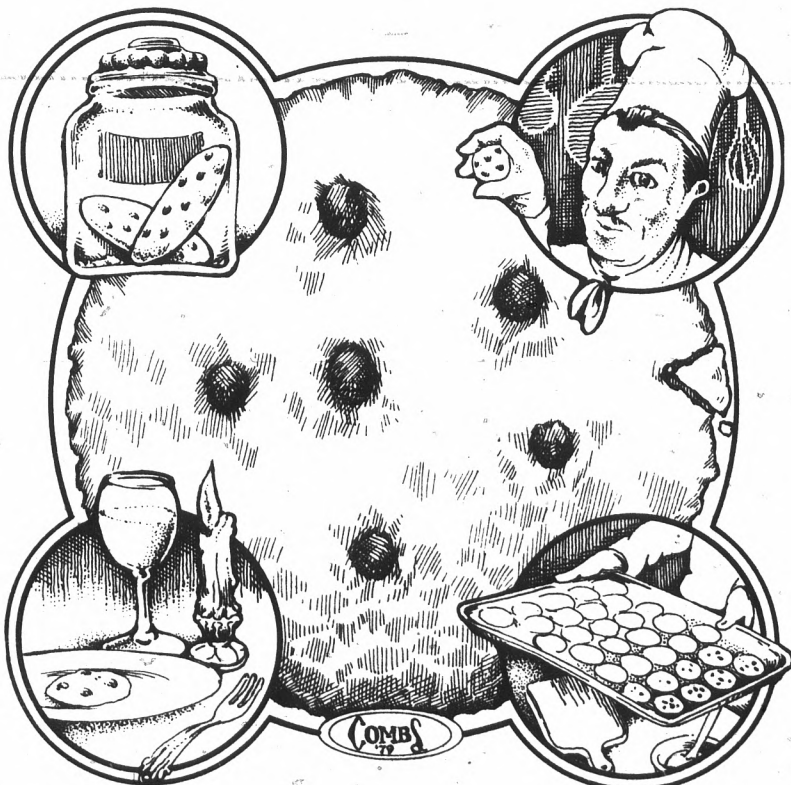
If you find yourself in need of a fix in Marin there is really only one place to go for the genuine article. Head for the Larkspur Shopping Center.

There, one finds Unknown Jeromes (Extraordinary Alphabetical Cookies). Inside, the T-shirts of the employees echo a neon sign over the display counter, asking, "What is a cookie?"

Don't be put off. They have a pretty fair idea of what a cookie is. This is the home of that 35 cent wonder, the Big Fat Jerome. Or, if you're hardcore, the BFJ.

The BFJ comes with either semi-sweet or milk chocolate chips. For the more

—see CHIPS, page six



california report

Stanford fined by OSHA

Stanford — Stanford University officials will decide next week whether to appeal any of the 17 safety violations cited by the California Occupational Safety and Health Administration.

The violations, all involving the handling of chemicals, were found during 10 visits to the university over the past six months by OSHA and have resulted in fines totaling \$3,585.

OSHA notified Stanford of its findings two weeks ago and has given the university 60 days to correct the violations.

According to its report, the state agency found cancer-causing chemicals stored in non-regulated areas in the chemistry and physics departments and in the medical school. The university was also fined for failure to report the location of dangerous chemicals to government officials and for not promptly cleaning a spill in the physics Department.

Jack Sidlow, safety manager of the university, said that 11 of the violations have been corrected, but Stanford is likely to appeal some of the violations.

Although the school was fined for improper storage of concentrations of acids and bases, no leakage ever occurred, said Sidlow.

UC Berkeley was cited for 20 similar violations in June and appealed the citations. UC Berkeley, however, was not fined for the violations as it is a public institution.

A hypertension cure?

Hayward — The research of an enzyme by a Cal State Hayward instructor may lead to improved treatment and possibly a cure for hypertension.

Associate biology professor Stephen Benson and two assistants have been able to isolate the enzyme in rats which is believed to lead to high blood pressure. The enzyme, lysyl oxidase, generates production of collagen in rats.

Collagen is the substance that binds cells and tissues together. Previous studies have shown that an excessive amount of collagen makes the blood vessels less flexible and causes the circulatory system to pump blood at a greater force.

Benson, working under a grant from the American Heart Association, has also demonstrated that a counter-agent which restricts lysyl oxidase causes a drop in the blood pressure of rats.

More than 100,000 people die of hypertension in this country each year, and 16 percent of the population has high blood pressure, which leads to heart and kidney disorders.

Dining utensil shortage

San Jose — A flatware shortage, caused by a month-long delay in deliveries of new utensils, has some San Jose students eating cereal with forks while others are cutting meat with spoons.

Angered dorm residents and Student Union diners said the managers are to be blamed for failing to order enough utensils in the first place.

Emil Estopore, manager of the residents' dining hall, and John Carroll, food service manager in the Union, are in the same predicament. The managers said they ordered flatware from the same company before the semester began, but the firm hasn't offered any reasons for the delivery stall.

Only one-fourth of the Student Union's shipment arrived and Carroll is still awaiting the remainder. Estopore's order never came in; it was due a month ago.

To compound problems, residents steal flatware, said Estopore. And diners linger over meals making it impossible to wash utensils needed by others, he said.

If the flatware ordered doesn't arrive within a few days, the residents' dining center will have to buy some from a restaurant equipment store, Estopore said.

Carroll did not comment on solutions to the shortage in the Union.

Free tutoring for vets

Veterans and servicemen attending school on at least a half-time basis are eligible for free tutoring through the Veterans Administration.

The service is also available to widows, widowers, spouses and children studying under the VA's Dependents Educational Assistance Program.

The agency can pay as much as \$69 a month for tutoring, up to a maximum of \$828.

Forms for tutoring and information on the program are available at any VA office. Toll-free numbers of regional offices are listed in the white pages of most telephone books.

SAT scores melt down

Radioactive fallout from U.S. nuclear tests during the '50s may be causing the recent drop in scholastic aptitude test (SAT) scores.

Dr. Ernest Sternglass, a physicist at the University of Pittsburgh, believes that radioactive elements may affect the pituitary and thyroid glands of unborn children, causing a slowdown in development.

The drop in 1975 SAT scores occurred among students who had been conceived and born during the time of nuclear testing, according to Sternglass.

His statistics show that Utah, the state with the highest radioactive readings due to testing in nearby Nevada, was also the state with the sharpest decline in test scores.

The Federal Center for Disease Control in Atlanta accuses Sternglass of using a "broadbrush stroke" in selecting statistics.

Eye test for diabetes

San Diego — A new test for detecting diabetes, combining photography and computerized analysis, was developed by researchers at the UC medical school in San Diego.

Developed by Benjamin Zweifach, UCSD professor of bioengineering, the test focuses on changes in the small blood vessels in the white of the eye.

Researchers photographed the eyes of 120 subjects, 57 of whom were known to be diabetics. The computer analysis of the blood vessels in the eye was 80 percent successful in identifying diabetic patients.

Zweifach speculated some of the patients who were "misdiagnosed" as diabetic may have the disease, but in an early presymptomatic stage.

UC San Diego is now the only center capable of performing computer analysis. Zweifach's technique can also be applied to monitor the progress of diabetes and measure the success of treatment.

Disco detractors unite

Santa Barbara — Anti-disco fever has hit UC Santa Barbara in full force.

For a \$5 donation, members of the newly formed Anti-Disco League receive a "disco sucks" button and bumper sticker, an anti-disco decal, an official membership card and a copy of the Anti-Disco Declaration of Independence.

The purpose of the league, according to one of its creators, is to inform the public that the disco industry is a "rip-off" and that alternative forms of music should be encouraged.

The league plans anti-disco days and marathons to raise funds for new rock bands.

Placing your bets in the investment game

by Donald Freed

Although inflation is running about 13 percent and the average savings account pays about 5.5 percent interest, smart student investors can now earn anywhere from 9-11.5 percent.

While most students live on a tight budget, some are able to save a little money. From a variety of sources — such as summer and part-time jobs — students are fattening up savings accounts at commercial banks and savings and loans, and earning interest at less than one-half the rate of inflation.

There are other ways.

Two realistic alternatives for students' funds are Money Market Funds and six-month Unit Investment Trusts.

Both have funds with minimum deposits as low as \$1,000.

The MMF, while giving a slightly lower interest rate than the UIT (about 10 percent versus 11.5 percent), has certain advantages.

Linda Randle, marketing representative for Capital Preservation, a funding company in Palo Alto, said MMF is ideal for college students for the following reasons:

- * They require only a \$1,000 minimum investment.

- * Subsequent deposits can be in any amount.

- * There are no sales charges or withdrawal penalties.

- * There is no minimum time the money must be left in.

Capital Preservation and many other short-term funding firms provide checks to the investor, usually with a \$500 minimum withdrawal.

No minimum time means investors can withdraw their capital anytime without penalty. Savings accounts — by contrast — charge substantial penalties for early withdrawal of \$1,000 one-year deposits yielding only 6.5 percent.

Statistics show the average interest at Capital Preservation was 9.16 percent for the last 90 days, and 10 percent last week. \$1,000 placed in a savings account for a year at 6.5 percent will earn about \$65 interest. The

same \$1,000 in an MMF at today's 10 percent will earn \$100 or more as long as interest rates keep rising.

"Many experts predict we could be at 11.5 or 12 percent in the next six months," Randle said.

W. E. Bell, lecturer in accounting and finance at SF State, considers MMFs to be more of a substitute for savings than an investment.

Bell credits the temporary high interest of MMFs to the unusual nature of short-term interest partly due to tight federal laws driving up interest rates. Although Bell expects the interest rates to eventually come down — cutting the advantage of MMFs over savings accounts — the rates are attractive.

One hesitancy often voiced by would-be investors is the higher risk compared to savings accounts.

But Capital Preservation, said Randle, only invests in Treasury Bills, which yield high rates and are backed by the government.

"Investors' money is safer than in a bank," Randle said.

These funds make their profits from the difference between the interest they receive and the amounts they pay out.

And why don't investors buy the Treasury Bills and keep that extra one percent? Many investors do, but the minimum investment in a T. Bill is \$10,000.

Six-month Unit Investment Trusts

Typical Savings Yields	Minimum	Yield
Six-month Unit Investment Trusts	\$1,000	11.5 percent
Municipal Bonds	\$1,000-10,000	5.7-5.9 percent
High Grade Corporate Bond Funds	\$1,000-5,000	8.58-10.20 percent
Low Grade Corporate Bond Funds	\$1,000-5,000	8.9-11.5 percent
Money Market Funds	\$1,000-5,000	10-11.1 percent
U.S. Savings Bonds	\$18.75	6.5 percent
Treasury Notes	\$1,000-10,000	10.75-11.25 percent
Banks and Savings Institutions (maximum passbook rates)	no minimum	5.25-5.50 percent

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COMPLETE SELECTION OF CLIFF NOTES

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this week

today, 10/4

The Spartacus Youth League will hold a forum, "Cuba-Nicaragua: What Strategy for Revolution in America?" Jose Silva will be the speaker at the conference, noon in Student Union B112-113.

The Business Computing Association meets at 4 p.m. in Student Union B-118 to start fall activities. Events include guest-speakers, gathering career information and a special microcomputer software project. Anyone interested in data processing is encouraged to join; membership is \$3.

friday, 10/5

Friday is the deadline for all freshmen and entering sophomores to sign up for the English Placement Test. For more information, contact the Testing Office (Old Admin. 16) at 469-2271.

Ross Terrill, China expert, will speak on the new U.S.-China relations at noon in the Barbary Coast. Terrill is the author of Eight-hundred Million and The Future of China After Mao. Sponsored by Performing Arts and admission is free.

saturday, 10/6

College Night at Great America. From 3 to 11 p.m., only college students, faculty and alumni will be admitted into Great America. Other participating schools are UCLA, USF, San Jose State, Berkeley and Stanford. Tickets, regularly priced at \$9.75, are available for \$8.50 at the Student Activities Office, New Admin. 451.

sunday, 10/7

The SF State Sailing Club invites you to a "Sunday" on Lake Merced. This is free to all SF State faculty and students. Meet at the Lake Merced dock and sail from 11 a.m. to 5 p.m.

monday, 10/8

Openings available in group therapy focusing on interpersonal relationship and communication. The group will meet Mondays from 1 to 3 p.m. or 2 to 4 p.m. at the Student Health Center. This is sponsored by Psychological Services.

tuesday, 10/9

Le Cercle Francais presents Jean Renoir's "La Grand Illusion" in the Barbary Coast from 5 to 7 p.m. This is one of many films to be shown Tuesdays as part of the fall French Film Series. Films are subtitled in English and admission is free.

wednesday, 10/10

The Career Planning and Placement Center is offering two in a series of Job Seeking Skills Workshops. Resume writing and interview preparation will be the subjects of Wednesday's workshops held from 9 to 11 a.m. and 1 to 3 p.m., respectively. Other topics for the remainder of the semester include skills identification, job targeting and researching employers. Students are encouraged to sign up a week in advance of the workshop at the Career Center, Library 438.

insight



Photos by Jean Ewers

Strangers in a strange land await transport to their new homes.

Viet refugees suffer for jobs and loved ones

by Al Olson

Four months ago, Lam was a lawyer living in an upper middle-class neighborhood with his wife and four children.

Today he busses tables in a small Chinatown restaurant and resides with his family in a one-room studio apartment in the Tenderloin.

Lam is one of 17,000 Vietnamese refugees living in San Francisco. But his case is not typical. While the English-speaking Lam has a job, a home and family, most refugees have no jobs, speak no English and come from families torn apart by war and calamity. The Vietnamese refugees are having a difficult time adjusting to American life.

"I am very lucky to have what I have. I had everything I owned taken away from me when we fled and I feel very fortunate to be able to start all over again," Lam said.

Margi Dunlop, director of the Indo-Chinese Family Services, said her organization counsels about 200 Vietnamese clients per month. The seven-person staff helps refugees with housing and education problems.

"Vietnamese families tend to be close and very large. It is common for a refugee family to come here with six, seven, or eight children. And it's next to impossible to find low-cost housing suitable for large families," Dunlop said.

For Lam and other families, this means sharing a small room with the entire family.

"It's very hard to be comfortable here. Nguyen (his oldest son) and I sleep on the floor and we share one

blanket. But at least we are all together," Lam said.

The only other way to handle the housing problem is separating the families and placing them in different apartments. Sometimes it means placing family members in different states.

Since it is the policy of the U.S. government to spread the refugee population as evenly as possible throughout the 50 states, community groups and families have lost the comfort of kinship.

"Landlords hate to rent to families this large. You will find a few sympathetic landlords willing to let large families live together, but a great many of them insist on splitting the family up," said Dunlop.

According to Henry Isumazaki of the North of Market Planning Coalition, adequate housing for large families is possible in the Tenderloin if the coalition receives federal funding. After a 1½ year study, the NMPC has made these recommendations:

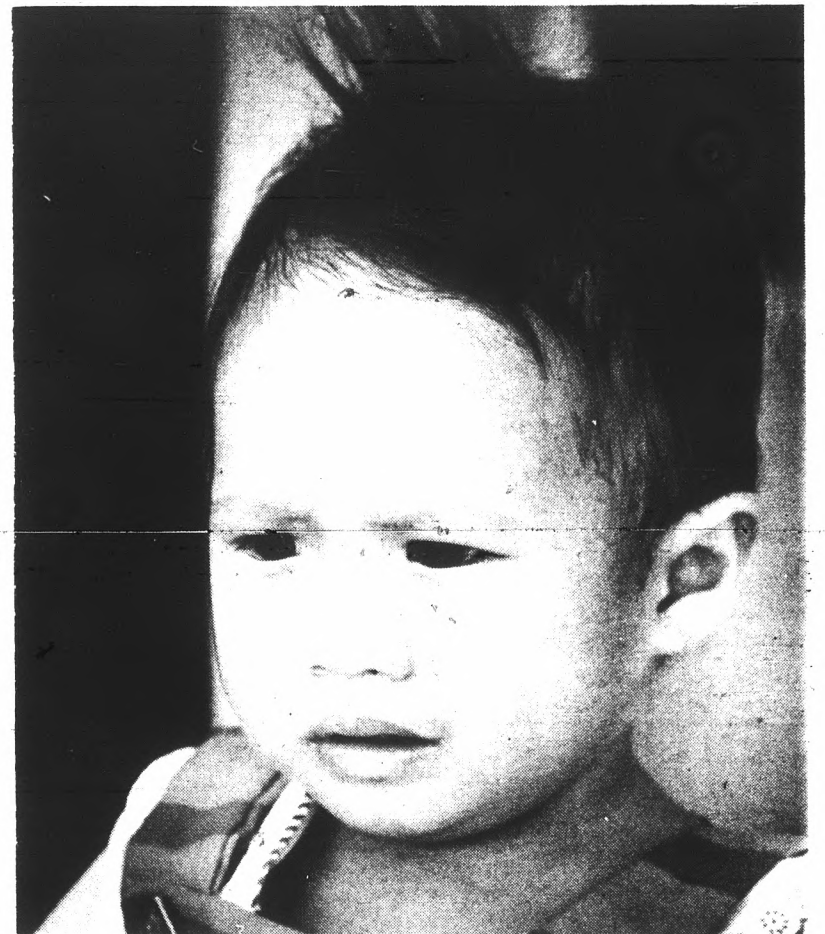
- * Replace some of the older buildings with ones that have larger and more rooms.

- * Build between 15 and 20 hotels.

- * Create more cooperative housing, especially for the senior citizens.

"These plans were designed with more than the refugees in mind. Although more and more Vietnamese families are moving into this area, we have a large elderly population. The flocks of refugees coming here this summer brought a lot of attention to the Tenderloin problem," Isumazaki said.

He estimated that between eight and 12 percent of the entire U.S. refugee population lives in San Francisco



with a great majority of them ending up in the Tenderloin.

As the housing problem continues, so does the employment situation.

Michael Huenh, director of the Southeast Asia Refugee Resettlement Center, said the State Department gives each refugee family \$250 when first arriving.

"That money goes toward their rent and food, and it goes fast. Once that money is gone, the family must wait for a pay check or a welfare check," Huenh said.

"Unemployment around here is bad enough, but these people have to work. I have never seen any group love working like the Vietnamese do," Huenh said.

But according to Dunlop, most of the refugees have a difficult time fitting into the employment picture.

"The Vietnamese are primarily a rural people; most of them were farmers or fishermen before coming to America. It is a big shock for them to have to find work in a metropolis like the city. Let's face it, there is not much land to till in San Francisco," she said.

Although it is not considered a major problem, there appears to be friction between Chinatown natives and the refugees.

"I don't view it as an issue, but with all the effort going into finding employment for the Vietnamese, residents feel slighted," Isumazaki said.

Dunlop also downplays the animosity, but she does feel it exists. "The refugees have an easier time getting government help like welfare than other groups in the area. This bothers a lot of residents and immigrants who were not given the same treatment when they came here," she said.



Correction

Steve Glazer, legislative director of the California State Student Association, was quoted in the Sept. 27 issue of *Phoenix* as saying: "Where in the hell is student government?" The quotation, as it was written, read:

"Where in the hell is the student movement?" *Phoenix* regrets the error.

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Channelling California's water future

by Mary Connell

California — land of milk and honey. Verdant, prosperous, abundant. Warmed by the sun, the inheritor of a soil rich in nutrients waiting to be released into plants to feed man and animal.

All it needs is water. And water, the management, development and conservation of it, is one of the most critical problems facing Californians.

California's economy depends on water. Agriculture, the state's largest industry, uses 87 percent of the water supply. Water is vital in maintaining the quality of life for 22 million people. And the environment must be managed and protected so nature will work to these ends.

California is now at a crossroad. One path would lead to the development of more sources of water by

damming the North Coast rivers and by building a \$7 billion peripheral canal to channel water from the Sacramento and San Joaquin rivers from the delta to Southern California. It would allow for the unlimited pumping of water from the ground and continue the diversion of waters from five of the six streams feeding Mono Lake to the city of Los Angeles.

But environmentalists say further development of water resources encourages waste and unsound — though traditional — agricultural practices. They contend that damming the state's North Coast rivers would not be necessary if the state seriously encouraged agricultural water conservation and backed it up with the force of legislation.

Predicting a 6-million acre-foot shortage in 20 years, Louis Allen of the Association of California Water Agencies (ACWA), said conservation

only delays the need for water in a given project.

"Saving water in the East Bay doesn't put any more water in Tulare," Allen said. "If we're going to meet our future demand, we'll need the water from the North Coast rivers."

"Sure, we know that 25 or 30 years ago we did some things wrong. We had a different set of values then. Fish and waterlife weren't even considered a beneficial use for water. But things have changed," he said.

Environmentalists aren't so sure. Some California land is now suffering from years of a too-abundant water supply. Flood irrigation and agricultural chemicals have caused a highly saline water table to form under 400,000 acres in the southern San Joaquin Valley, threatening to take this land out of production. The proposed cure for this agricultural

headache is the San Luis Drain, a massive underground drainage system that eventually would pump the salty water from the valley to the San Joaquin Delta, and into San Francisco Bay. The \$1.3 billion project would be financed by the state and federal government.

David Abelson of the Planning and Conservation League in Sacramento accused farmers of being "totally irresponsible."

"Water is cheap and the farmers just want more development," Abelson said. Critical of the Department of Water Resources' guidelines that call for conservation, Abelson said the department pays lip service to conservation when in fact only 5 percent of its budget is spent on conservation measures.

In arguing for conservation, San Francisco lawyer Rich Arguimbau cited a General Accounting Office



report that said agricultural water usage could be cut by 40 percent — more than 50 times that estimated by the Department of Water Resources.

These savings would come from tter crop rotation, growing crops is reliant on water (unlike rice, rich is grown extensively) and more despread use of sprinkler and drip irrigation.

The environmentalists' problem is compounded by the political reality that while Northern California may have two-thirds of the water, Southern California has two-thirds of the voters.

The transformation of the dry San Joaquin Valley and the development of the sprawling cities of Southern California could never have been possible without abundant supplies of cheap water.

And that cheap water would never have been possible without subsidies. Many farmers do not pay the actual cost of water, leaving little incentive for conservation, according to Dick Roos-Collins of Friends of the River in San Francisco.

UC Berkeley Professor Phil Leveen has estimated that California farmers pay 5 percent of the actual cost of the water they use. President Carter's 1977 Task Force on Water Policy estimated the figure to be 20 percent.

The policy of subsidization began when the Bureau of Reclamation was born in 1902. The bureau's aim was to provide irrigation and encourage small-family farming in the western states.

The bureau's intended policy of support for farms of no larger than 160 acres has long been ignored, and subsidies have been given to farms of

all sizes — including corporate farms, Roos-Collins said.

He also claims these federal subsidies provided to farmers in the West have been made at the expense of farmers in the East. An estimated 5 million to 15 million acres have been displaced in the East, according to a 1973 study by the National Water Commission.

Subsidies for cheap water (from both the state and federal governments) are only part of the murky business of water pricing. Water utility districts that contract with the state or federal government for water delivery want to keep the supply flowing because their revenue is based on water usage. But farmers do not pay the market price for water. Water utility districts have the power to tax — and that's what they do to urban and rural property owners across the state.

In addition to this, cheap water encourages farmers to grow "surplus" crops. Growing surplus crops is profitable because the federal government pays the farmer price supports — a lucrative business, according to Roos-Collins.

Farmers also benefit from "surplus" water. Not left over, this is water already in the system and available to the utilities after they have received their contract allowances.

Farmers have priority in getting to this water, and they can get it through long-term contracts. But the real advantage to the farmer, according to Arguimbau, is that this water can be had for only the cost of its transportation, and is not affected by the capital costs or its market value.

Leftist urges local control of business

by David Harris

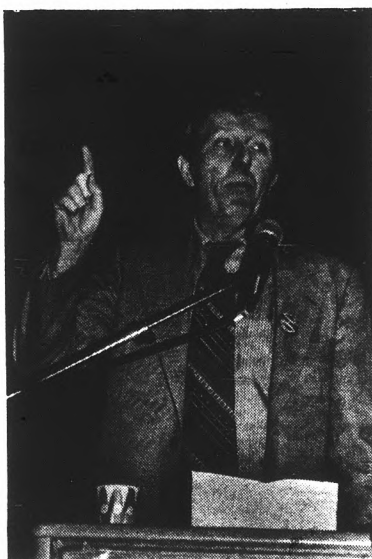
Whether or not political activist Michael Harrington was able to convince his audience that socialism is the cure for our nation's ills seemed beside the point last Friday.

What he did do was describe U.S. political and economic problems and make some predictions for the future before a noontime crowd of some 250 people at the Barbary Coast.

"People must begin to understand that what happens in the corporate boardroom has more consequence than what happens in much of the federal government and in most state legislatures," he said.

Harrington, national chairman of the Democratic Socialist Organizing Committee, has been an activist in various social movements for more than 25 years and is the author of several books. One of them, *The Other America: Poverty in the United States of America*, was influential in the formation of the Kennedy-Johnson War on Poverty.

An eloquent speaker with a strong and compelling voice, the 51-year-old Harrington said he believes we must "democratize the decision-making pro-



Photos by Jean Ewers

Michael Harrington

cess" in corporations by community and labor representation or corporate boards.

Harrington's group, according to an article last month in *Business Week*, has about 4,000 members, mainly professionals and academicians. They have strong links with a number of important unions, including the United Auto Workers, the Machinist, Clothing &

Textile Workers and the State, County & Municipal Employees Union.

Layoffs, plant closings and other private corporate decisions that alter the economic health of a community must be accountable to the people, Harrington said. He wants a law requiring corporations to give a 3-year notice prior to any plant closing, and a removal of tax write-offs and subsidies that increase the attractiveness of such a move.

"It is no longer a private matter where a corporation locates its factory," he said.

Except for a loud but brief tirade against Harrington during the two-and-a-half hour talk, reception to him was generally warm.

A member of the Spartacus Youth League accused Harrington of selling out to the "establishment" after a much more radical stance in his earlier years. He was quickly drowned out with boos and hissing before Harrington restored order and allowed him to express his views.

The SYL is an on-campus political organization of the radical left.

According to Harrington, the top 100 corporations in this country own as much of the nation's wealth as the top 200 corporations did 30 years ago. This concentration of ownership

has historically led to decisions based solely on the interests of the corporation, he said, not necessarily the well-being of the people who work for it or for the nation.

He said coalitions must be formed between those groups demanding a voice in the decisions of the '80s. Minorities, women and students, must begin to work together.

In a recently published article in *The New Republic* magazine, he describes a growing activism in the next decade as unemployment, energy and environmental concerns begin affecting more segments of society.

Should a resurgence of student activism occur, there will be a significant difference Harrington said: the experience of the activists of the '60s which those of the '80s can draw from.

"The tragedy of the '60s movements is that sometimes they had to reinvent the wheel," he said. Leftists from the depression years of the '30s were in the "over-30" generation and not to be trusted, said Harrington.

"If all of us fight one another, no one will win, corporate power will win. If students (in the '70s) would see that what's needed is a social reaction rather than climbing up over the backs of their brothers and sisters, maybe things would change."

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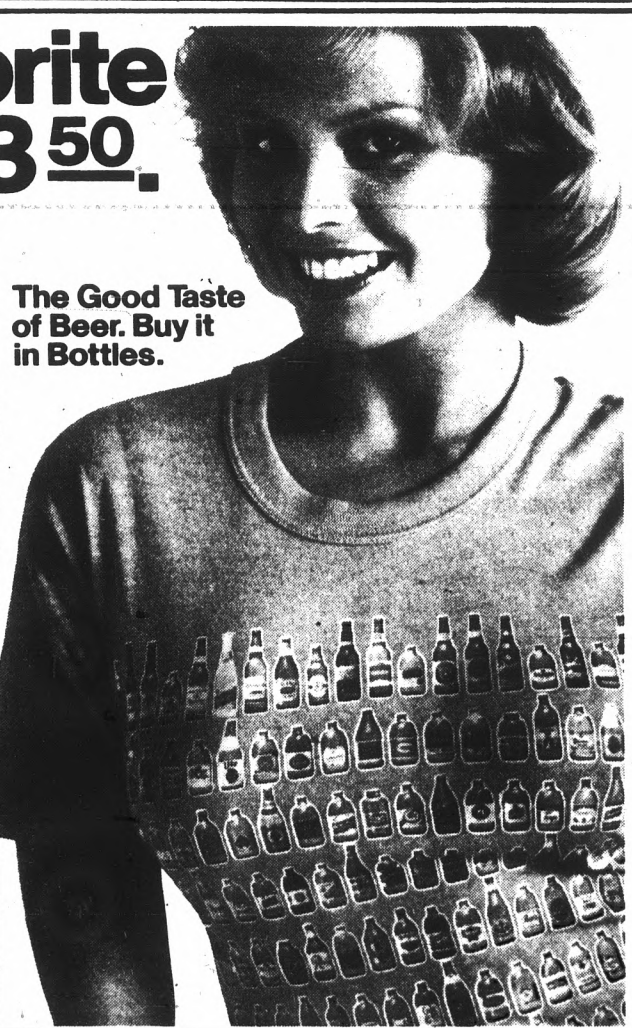
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Name game 1979— titles have the clout

The campus personnel shuffle announced last week has caused SF State to experience an administrative déjà vu.

While last year's emphasis was on improving advising, this year the focus is improving student services, according to Provost Lawrence Ianni.

In the past two years, changes initiated by President Paul F. Romberg were made in the areas of graduate studies, undergraduate studies and academic and student affairs.

In both instances Ianni said, the moves were just title changes. But last year an administrative official said it was difficult not to see them as part of Romberg's attempt to centralize the top administrative functions and exert influence over academic affairs.

In last week's move, Ianni announced the following personnel changes:

* Robert House's title as acting dean of Student Affairs was changed to acting Associate Provost for Student Affairs.

* Warren Rasmussen, former acting dean of Faculty Affairs, became acting Associate Provost for Faculty Affairs.

* Other changes which will occur in 1980 affecting graduate and undergraduate studies were announced.

Ianni said House's new title was partly a move to reassure Student Affairs of their importance. "Student Affairs faculty have been under the misapprehension that nobody cares what they do; that the rest of the university doesn't care if they even exist."

Last year a similar title change occurred in All-University Programs. The program was renamed Instructional Planning and next year will be called Undergraduate Studies, a title first held in 1976.

Larry Foster, associate dean of Instructional Planning, said the administration has questioned these title changes.

Ianni's only reason for retitling the Faculty Affairs position was to demonstrate that student, faculty and academic affairs are equally important.

The belief that the functions of student affairs and faculty affairs will not change with the new titles seems

to be universally accepted within student affairs.

Henry Gardner, director of the Educational Opportunity Program, said, "People in student affairs have felt as though they were second class. They haven't had visibility here and having an Associate Provost for Student Affairs gives it more clout. I'm very enthusiastic about this and very optimistic."

Coordinators of advising, disabled students, the health center, student learning center and Associated Students President Steve Gerdson all voiced approval for the administrative changes.

Although many said titles make no difference, Richard Giardina, associate provost for Academic Affairs, said, "People may perceive them (House and Rasmussen) as having more authority and thus they will have more authority because people's perceptions are important. It may give them a little more autonomy because they will speak with the full force of the provost."

Rasmussen said some people may see the title as a change in his function — but he does not.

"It clarified the administration's structure for faculty, students and those who worry about such things," he said.

House said his role has not altered either. Although he has the same responsibilities, I may try harder," he said. House will be a candidate for the permanent position.

Rasmussen has not decided whether he will seek a permanent post.

Next year, the second phase of Ianni's plan will rename Instructional Planning as "Undergraduate Studies."

Foster has been acting as dean of undergraduate studies without the "formal explicit authority that comes with a deanship," according to Giardina.

Ianni said many of the undergraduate dean's responsibilities are being

neglected. The undergraduate dean will oversee general education, literacy requirements, special majors and all undergraduate curricula.

Ianni did not say which areas were being neglected but he did say he believed the new post will correct the problem.

Next year the university research program will revert to the status it originally held.

During the mid-'60s, research was a function of the Graduate Division, according to Foster. Beginning next summer, research will again be the Graduate Division's responsibility.

Giardina, the unofficial director of research, said he has not been able to give it enough attention.

He assures that research conforms to university guidelines but does not oversee actual studies.

Placing the research program in the Graduate Division will give the "day-to-day workload" to the graduate dean, said Giardina. He will retain indirect control over research this way.

Both Foster and Ianni said some people on campus think research should be given more emphasis.

"Some of them think we need a vice president for research," said Ianni. Such a direct link to the president is "the universal solution to all problems," he said.

Because state funding is not available for a director of research, it must be attached to some other department, said Foster.

If such a position was ever created, the Chancellor's Office would say "we were fishing out of our stream," said Ianni. "We have to do what we can afford."

The Academic Senate will form committees next week to search for permanent administrators to fill the positions currently staffed by acting personnel.

It will take about one year to fill the vacancies according to Julian Randolph, chairman of the Academic Senate.



Photo by Jean Ewers

Donald Castleberry, an avid traveler, has served as chairman, dean and professor in three different academic areas.

31 years at SF State

Retiring dean reflects

by Elisa Fisher

When Donald Castleberry, dean of the Graduate Division, talks about the unnecessary bureaucracy at SF State, he twists his pen as if to unravel some of the red tape.

After 31 years and five administrative positions, Castleberry will retire in December, with hopes of traveling and "puttering around the house doing unskilled labor."

He repositions himself in a soft leather armchair and voices the complaints of three decades of students, as well as his own. "It would be nice if we could simplify the administrative structure to see that every level of undergraduate and graduate has as few impediments — other than scholastic — as possible."

"All too often, students fail to take the initiative in talking with an adviser. We do have good advisers, but then there are a few who are not as available or as acquainted with our policies as they should be. Often students have gotten into difficulty from poor advice," says Castleberry.

His office walls bear photographs that resemble scenery straight from the pages of "National Geographic."

"I travel a lot, taking study tours every other year. I've been to Fiji, Bangkok, China, Korea, Egypt, Morocco, Russia and the South Pacific... it wasn't until two weeks ago that I saw Yosemite!"

Castleberry reflects on the changes in the average student in 31 years. "The student body is much younger. There is less visible school spirit now, and the student body has become more liberal, less activist than in the late '60s."

"I've learned a lot since the late '60s, when large groups occupied the campus. An institution like SF State is a very durable entity not easy to topple," he says.

He has witnessed a change from conservative to liberal, with the changing presidents. "The turnover has been rather pronounced. I think there have been seven presidents... but I may have left out one or two."

His career at SF State began in 1948 as a professor of government. "Then I became chairman of the Division of Business and Social Science, then dean of Continuing Education, and chairman of the Department of Political Science."

**'I hope that I
have helped
strengthen the
Grad Division'**

For the past 12 years, he has held the position of dean of the Graduate Division, while also teaching courses in political science.

"I love the classroom and being

with the students. I'd go nuts just sitting in my office behind the desk all day," he says.

"I hope that I have helped in developing and strengthening the Graduate Division, for a smoother movement of students through our program with as few bureaucratic impediments as possible."

He smiles radiantly when he talks about his wife. "We sent out our wedding invitations the day before Pearl Harbor and we set the date for Christmas," he says, while counting in his head. "37 years ago."

He has a son and daughter, but neither attended SF State.

"They were like me. My father was a professor and I didn't go to his school because I didn't want anyone to think that I got preferred treatment."

"I'm ambivalent and looking forward to retirement, although it will be difficult to change abruptly from a pattern that I've enjoyed for so long. But I'll be back to bother and haunt," he promises.

And if he were campus president? "I'd reduce the number of time spent in committees, often times re-inventing the wheel."

"What-else? Oh, that's easy... I'd do my best to get the windows washed."

Business, broadcasting top classes

The schools of Creative Arts and Business seem to be the most popular at SF State.

Preliminary enrollment figures for the fall semester indicate the classes with the most students are broadcast communication arts, economics, accounting and management.

When the final enrollment numbers are determined, in two weeks, they are expected to show the entire university has maintained a student body of ap-

proximately 25,000, according to Nancy Spottle, student services and records officer.

Compiling the numbers should be easier this semester, with the add-drop method of registering for classes.

"It's easier for us and the computer center because we start getting the information from forms turned in at the Problem Center instead of waiting for cards to be turned in. One form takes the place of four transaction cards," said Spottle.

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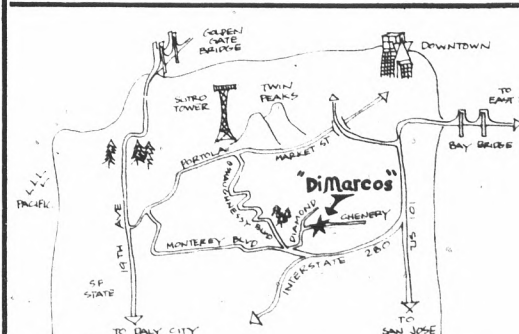
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•chips

from page one

exotic tastes there is butterscotch. The semi-sweet chip cookies have the added enhancement of pecan bits. A dozen costs \$3.95, half as many for \$2.05. These cookies are good. Unlike the first two samples, a BFI imparts a brown-sugar taste that, while still very sweet, is tolerable. The dark appearance is deceptive, however. It seems to have that slightly burned, crunchy quality but is mushy instead. The only thing to do is buy one of each and decide for yourself. Keep in mind, though, it's considered bad form to eat all three before you're out the door. Mrs. Fields Cookies, the last of the

quartet, happens to be the cheapest and the best. These folks clearly understand the desire that sends someone out on a search such as this. With six locations around the Bay Area, soon expanding to 10, they also recognize the urge may strike just about anywhere. The store at Serramonte shopping center was tapped for this survey. The cookies are baked fresh hourly, which says something about how quickly they sell out. Having to wait for a fresh batch is not uncommon. Mrs. Fields offers semi-sweet or milk chocolate chips, with or without nuts and all for 30 cents each. A half dozen of any combination costs \$1.80. This is the only one of the four stores surveyed to maintain the tradition of the baker's dozen, selling 13 cookies for

\$3.50. Based on Unjust Desserts' philosophy, this means that the buyer gets one and one-third cookies free. The cookies are equal in size to those at the other places and are baked so as to be slightly crunchy on the outside and just moist enough on the inside to be chewy. (These properties are not apparent however unless the cookies are allowed to cool a bit before eating.) These cookies would be perfect if it weren't for two points. The overuse of chocolate chip renders them much too sweet when more than two are eaten. The second point applies equally well to all four stores. While all locations offer an oatmeal cookie, usually with raisins, apparently none have thought of an oatmeal chocolate chip cookie. But then perhaps it's just as well. I eat too many of these things as it is.

•bart

from page one

find their transfers on the regular Muni and SamTrans buses. The rapid transit service has been

suspended since August when union members staged a sickout. Union members began receiving \$50-a-week benefits last week, but a state ruling will prohibit those employees from receiving any more unemployment insurance, stating the unions themselves were responsible for the shutdown and

not BART management. Thursday's service will be provided by non-union supervisory personnel. BART management believes there will be enough workers to handle the limited service safely and efficiently, a claim the union disputes.

•junket

from page one

said. She said she is unsure about whether her position as speaker of the legislature will permit her to call for a vote on the matter. "My signature is first on the appro-

val list," she said referring to the AS travel allowance policy. "But I feel that one of my main responsibilities as speaker is to stop a bill that I know the legislature did not have the information on to make a fair decision." Landry has not blamed specific persons for the controversial poli-

cy, but Gerdson neither was asked about or contested the \$40 per diem award when it was adopted Sept. 27. Members of the student legislature didn't begin questioning the policy of not filing travel expense receipts until Landry raised the issue after the meeting.

•basics

from page one

requirements toward major requirements," he said. Under the guidelines, these 12 units cannot have the same course prefix as the student's major. Trapp said there has been little opposition to the new requirements, which have circulated to department chairmen, deans, eight general education committees of campus departments and student organizations. "The present proposition incorporates suggestions from students," said Trapp. "There were three students who were official voting members of the committee that prepared the document." The new requirements will add new courses on campus, said Trapp. "We're hoping new interdisciplinary courses can be created," he said. "We would like them team-taught, doing things

like converging humanities and science to incorporate two or more areas." The additional requirements will affect junior college transfers under the "units in residence" requirement. "The transfer student who has completed 40 units will have to take eight upper-division GE units in residence. Of course, any upper-division units taken at a four-year college will be counted," Trapp said. Most CSUC schools now require a 40-semester-unit GE minimum, except those on the quarter system, which require 60 units. At present, GE classes must include at least two in each of four areas: Natural Science, Social Science, Arts and Humanities, and Basic Subjects. At SF State, students may take six to 16 units in these areas, and a three-unit integrative seminar. Eight GE units may be electives. The new SF State guidelines would create new subject groupings and unit distribution. They are as follows:

- * At least 12 units in Basic Subjects — six in written and oral communications, and six in Critical Thinking and Quantitative Reasoning.
- * At least 27 units in Arts and Sciences, including biological and physical sciences, behavioral and social sciences, humanities and the creative arts.
- * At least six units in "Relationships of Knowledge," which are interdisciplinary or multi-disciplinary courses focusing on themes or topics. The guidelines also specify that eight of the GE units be in upper division courses.
- Most of the 19 CSUC campuses are now developing new GE education programs in accordance with the CSUC guidelines. Said Trapp, "The CSUC General Education Task Force sent a report of its recommendations to each campus, and asked for a reply by Nov. 15. We are now preparing our response."

Race is on for District 5

Second in a series.

San Francisco's gay bastion of the Castro district, the upwardly mobile Haight area, and the more settled middle-class Noe Valley form the political-power triangle of supervisorial district 5.

Each of these areas is fielding a major candidate in the campaign for district supervisor. The district as a whole has a tradition of liberal grassroots activism, and all the candidates reflect this.

The location of Supervisor Harry Britt's campaign headquarters on Castro Street (between 17th and 18th Streets) underlines his reliance on the votes of the gay community. Britt is an incumbent by appointment, and is now working on achieving his first electoral victory in the city.

Before getting involved in politics, Britt was a Methodist minister ordained in East Texas. His frugal habits are partly a result of this, as well as a reflection of the monumental task of living on a supervisors' part-time salary.

"I'm used to not having very much money — after rent, expenses and having to eat out in expensive restaurants," Britt said.

The rent money that he must carefully budget out each month is escalating at a rate far exceeding what Britt feels is justifiable. This is why he introduced Proposition R, the rent control initiative, before the Board of Supervisors earlier this year. He has also strongly endorsed Proposition O, the high-rise initiative.

Britt has been endorsed by the Harvey Milk Democratic Club, the Firefighters Union and Local 400 of the City Employees union.

Lawyer Terence Hallinan's background is rooted in the Haight district, where he grew up.

Hallinan was active in the early sixties marching for civil rights in Mississippi, where he sat on the Non-Violent Coordinating Committee. In 1969 Hallinan represented the AS here at SF State and was injured during police confrontations on campus.

Hallinan finished a strong second to Harvey Milk in the last district election. He was prepared to back Milk in a re-election bid before the City Hall shootings. While Hallinan has not endorsed any of the ballot initiatives, he claims to support the spirit "of both high-rise limits and rent control."

Hallinan has been endorsed by the leadership of the Building Trades and the Barbary Coast Gay Club.

Meanwhile, Noe Valley's Kay Pachtner is busy setting up campaign headquarters in an ongoing struggle to catch up with her heavily-financed rivals. Until now she has operated from a "floating headquarters" out of the coffee shops on 24th Street.

Pachtner's background is in consumer protection, having established and coordinated the Consumer Action organization.

National consumer advocate Ralph Nader has endorsed Pachtner, saying she "has built a consumer interest group that is the largest in the West — and one of the most imaginative and successful in the country."

Pachtner has also been active in the gay rights struggle, having served on the steering committee of the "No on 6" campaign. In 1978 Pachtner led a reform slate to victory on the Democratic Central Committee.

As a leader in the San Francisco Housing Coalition, she helped draft legislation to control real estate speculation and condominium conversions. She strongly endorses both the rent control and high-rise initiatives on the ballot. Pachtner is in favor of establishing a non-profit corporation to maintain local control over low and middle-income housing projects.

"We must explore alternative funding such as the Community Development Corporation which can be 75 percent federally funded through H.U.D. Otherwise the Redevelopment Agency will continue to use our re-

sources for commercial developments such as the Convention Center." Pachtner has been endorsed by San Francisco Tomorrow and the Citizens for Representative Government.

Other district candidates include Dennis Peron, a former restaurant owner known as the "merchant prince of pot," Leonard Matlovich, a gay activist who made headlines fighting discharge by the Air Force and Howard Wallace, a gay labor organizer.

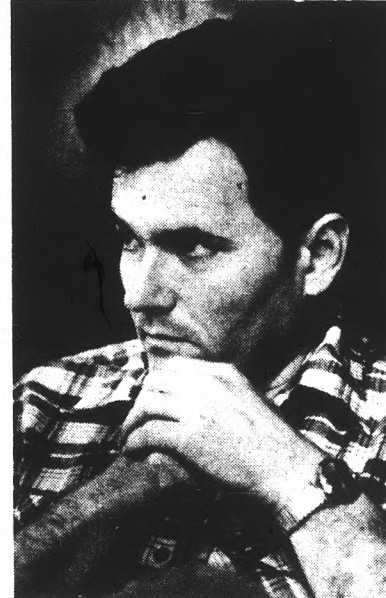


Photo by Jeff Belt

Terence Hallinan



Kay Pachtner



Photos by Doug Menuez

Harry Britt

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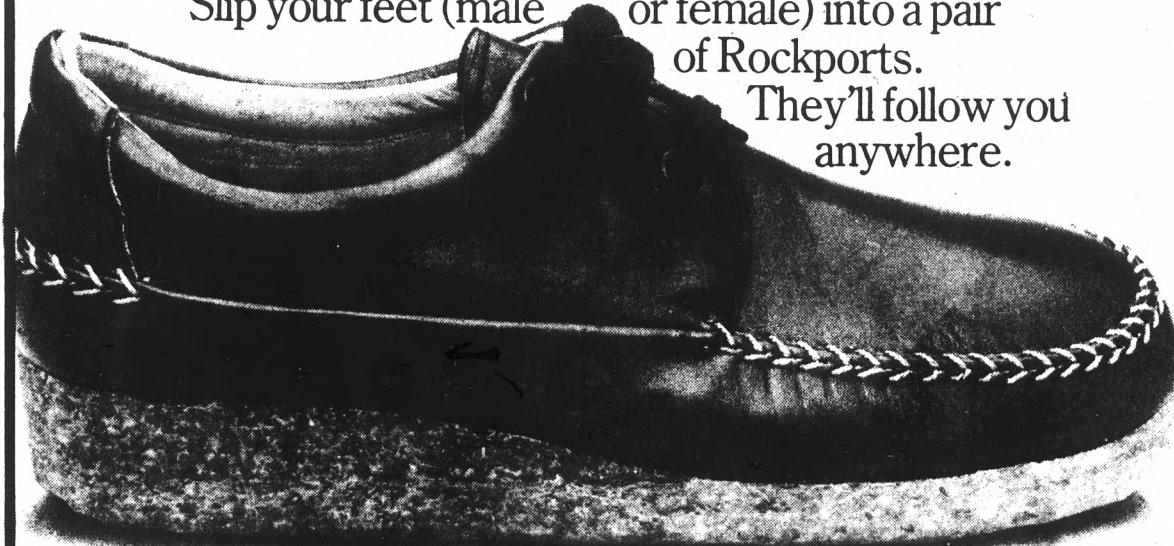
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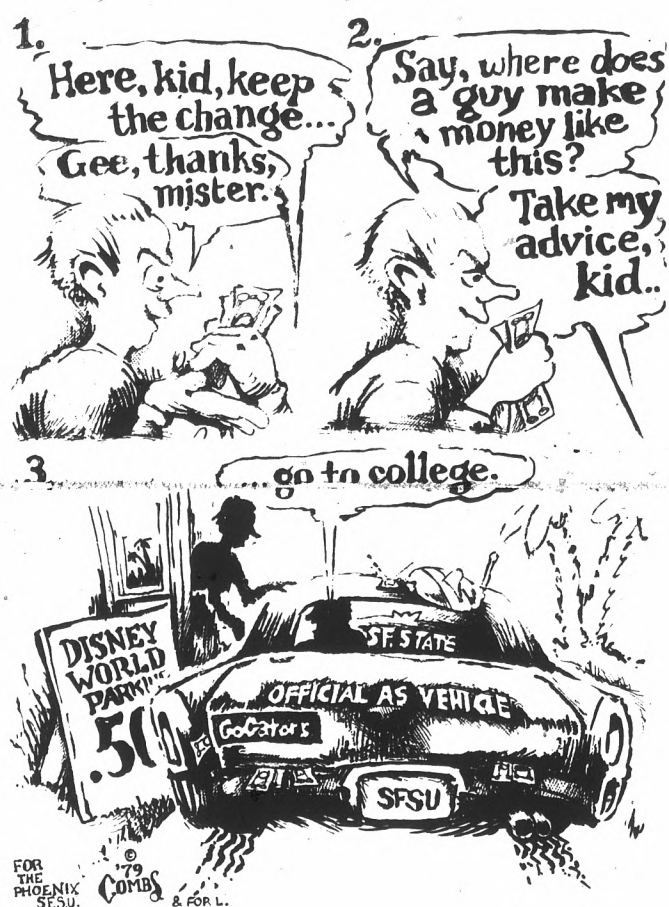
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The filing period for positions on the Student Union Governing Board will begin on
FRIDAY, OCT. 5 AT 9:00 AM
and run until
FRIDAY, OCT. 19 AT 5:00 PM
All interested students are encouraged to pick up a petition of candidacy at the Student Union information counter in the SU lobby. For additional information contact the election committee at the Student Union Governing Board Office.

opinion

Kevin Bell

The semantics of sex



Associated junkets

There is a move on within the Associated Students to change the per diem allotment for traveling AS representatives from \$40 to \$10 a day. The per diem allotment for the next AS trip is the amount of money given for general expenses, even though transportation, food and sleeping accommodations are already paid for.

\$40 a day fun money is another of those sweet little incentives to run for AS office, and Linda Landry, speaker of the legislature, is saying that a number of people in the AS government, including the president, are not anxious to give it up.

Landry introduced a petition to cut the allotted per diem last week, right before a two-day collegiate government conference in Fresno on Oct. 13-14, in which 20 AS representatives will attend.

That comes out to about \$1,600 in extra expense money.

The position around the AS offices is that Landry is using the issue to put herself in position to run for president in the spring elections.

It's another fine example of sandbox politics in the AS, and it matters only to less than a thousand students (out of a possible 25,000) who bother to vote in AS elections.

Another Cuban fiasco

President Carter's speech to the nation Monday night did nothing but further antagonize the Cubans, add fuel to a crisis that has never actually existed and pave the way for more Teddy Roosevelt-ish U.S. adventurism in South America.

It was a speech that Carter had to make. Congress has all but declared that the SALT treaty cannot be ratified unless the nature of the Russian troops in Cuba is changed. The Carter administration has been saying for weeks that the present Soviet military presence is unacceptable. Miraculously, however, the status quo has become suddenly acceptable; only because the administration has failed entirely in negotiations with the Russians and Cubans who still claim the

Carter has decided instead to change the nature of American troops, a far easier task, by increasing the U.S. military presence in Cuba and South America. The administration is out to protect U.S. interests in South America from the mythical Soviet threat. The interests Carter is talking about are, obviously, the interests of United Fruit, IT&T and Coca Cola, American corporations that are indeed threatened by popular Marxist-oriented rebellions, such as in Nicaragua.

The mobilization of American troops in South America, ready to jump in at the first sign of social turmoil, is hardly the most lucid policy for the United States to follow. After years of adventurism, America's reputation in the south is not good, and if we continue to elevate the interests of the corporations over the interests of the citizens in these republics, we are inviting Russian intervention.

Many satirists have dealt with the notion that we have no term adequately describing today's loosely knit couplings of men and women, men and men, and women and women. "Affair" sounds too temporary, "romance" is so dime-store novelish, "relationship" recalls long and boring sociology classes, etc.

Surprisingly, though, no one has written that this same semantic confusion surrounds the sex act itself, often the seed from which modern romances blossom. As a public service, therefore, I have listed here the most commonly used terms in the hope that we can get together and agree on one satisfactory to all.

By far, the most common is "making love." It's widely used, mainly because you can say it in front of your mother, but nine times out of 10 it does not truthfully describe the situation. "Making noise" is far more accurate. The term "making love" implies the creation of affection and it should be used only to describe two o'clock feedings, the preparation of an elabo-

rate dinner and lending money to someone you know can't pay it back.

"Having sex" is another favorite of those who refuse to traffic in obscenity. It's good in that it sounds so British (Having sex?), but it has its problems. One is that it sounds so clinical. Another is its generality, since it also describes the behavior of locusts, amoebas and rhesus monkeys.

"Mating," "reproducing" and "procreating" all suffer from the above stigma, while "intercourse" and "fornication" sound much too arduous and much too brutal, respectively.

"Begetting" is too secular.

"Copulating" is a term used only between consenting biology teachers or in high school sex-education classes. In Catholic schools these classes are taught by nuns; in public schools by physical education instructors. I leave it to the reader to decide whose advice is more damaging to a budding young psyche.

That's about it for the respectable ones. The cruder verbs, while undeniably obscene, are usually more imaginative and descriptive.

"Fucking" is an old favorite, spoken quite freely, but confined in print to the novels of Harold Robbins and the love letters of Wilbur Mills. The problem with this term is that it has been so grossly overused that it no longer pertains to sex. It is best used in describing lackadaisical behavior or societal instructions, as in "fuckin' around" or "fuckin' politics." Also, it is quite appropriate for the more existential among us to refer occasionally to "fuckin' life."

"Screwing" is another, akin to "fucking" but somewhat softer. The main problem with thinking of the sex act as "screwing" is that it results in the unshakeable feeling Al Goldstein is leering through your bedroom window.

Another oft-used verb is "humping." Proponents of this word point out that "humping" goes back several thousand years, to the time of the Greek empires. The failing of this word is that it invokes images of pigs in a sty, altogether distasteful, though certainly closer to the truth than "making love."

A personal favorite is "balling." It's lighthearted and calls to mind the nightly rampages of F. Scott and Zelda. It also connotes trains and jackhammers, two helpful metaphors for young, inexperienced lovers who have lost their place.

The compilation of this list was intended to provide a universally accepted description of the sex act, but I'm afraid it's succeeded only in adding to the confusion. The existence of so many words to describe a simple biological function shows that we think about it an awful lot, and that, owing to our repressed puritanical tradition, we have yet to learn to deal with sex rationally.

Yet these words do display a certain richness of language and also provide insights into our social structure. It's as difficult to imagine the Queen of England "fucking her brains out" as it is to think of two junkies "reproducing" in an alley. So it's best to keep these words, then, for while they do portray a lingering atmosphere of repression, they do help in keeping people in their places.

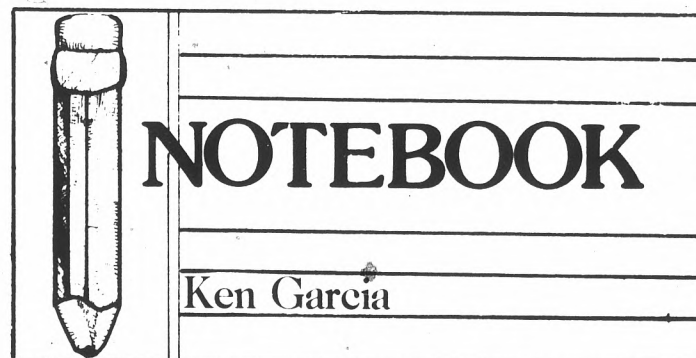
As the Cheez-its hit the wall, it occurred to me that I have never won a fight with a woman and doubt I ever will.

I couldn't recall how this fight started but it didn't matter. The scenario was the same. She advanced, I retreated. She led with a variety of verbal jabs and I responded by throwing the Cheez-its. But when she turned her head and let one perfect tear drip down her face, I knew that victory was hers.

To me, it was more than just another fight. It epitomized the fact that most women just don't fight fair.

It started back with my sisters, who would either drown out my protests with a collective "hummm" or simply punch me, knowing I couldn't retaliate. And later, in grade school, I noticed that the girls would exclude each other from games, with no physical recourse.

Whether they are trained in such things at an early age, I'll never know. Regardless, many women have mastered the technique of verbal jousting, in defense of the fact that they're physically over-



matched. This point was brought home by a former girlfriend, a cuddly cheerleader, who announced after hearing one of my high school exploits, "It must be great to punch someone out."

What we have here is an uneasy balance. Men are taught at a tender age to gauge their wins and losses by the amount of blood spilled; women in turn are encouraged to imitate icicles and daggers. I would much rather be punched out than iced out, knowing that my superficial wounds will heal faster than those that go deep.

Today, most women can be as bitch as cold as they wish in the name of "assertiveness." Yet by

contrast, men are encouraged to cry in the name of "sensitivity." A friend of mine tried crying once while fighting with his girlfriend. She said, "Be a man," and slapped him.

If I were able to cry during a fight, or anytime for that matter, I would, but this act of weakness was physically discouraged by my father a long time ago. Instead I just indulge myself with an occasional whine.

It seems unfair that most women can use the tricks they learned early on and men cannot. I've been kicked in the shins, slapped across the face and pounded on the chest. Yet if I responded in kind, I'd have

been accused of "crimes against women."

Instead I must take solace in bearing my teeth, pounding on tables and booting my teddy bear. Even then I have been accused of brutality. Invariably my sparring partner will call a girlfriend, the type who gives good advice like, "Lock the asshole out of the house."

Many women have told me that fighting "strengthens the relationship," how important it is for "getting to know each other." Yet when I question this and dare suggest that this feistiness might be influenced by the dreaded "montlies," round two starts.

Perhaps the clincher to all this is the fact that most of the women I've known are more resilient than I at recovering from a verbal ambush. After a fight with my girlfriend she will wait a few minutes and then jump and say, "What should we eat for dinner?" When I don't respond she accuses me of brooding.

There seems to be no end in sight for this unfair balance. Personally, I'm encouraging my girlfriend to take up racquetball or bating.

Letters to the editor

Feed his face

Editor:

I just finished reading Mr. Stockwin's article about "James Robertson," who is a scab teacher for duration of the San Francisco Unified School District teacher/paraprofessional strike. It was interesting to me to hear how "Mr. Robertson" feels about crossing the picket line and I would like to comment on a few items.

First off, "Mr. Robertson" is being paid \$90 per day for a job he is normally paid only \$45 a day to do. I might point out that since Superintendent Robert Alioto opened the SFUSD schools they have been operating on a shortened day schedule.

Secondly, if "Mr. Robertson" is so concerned with making money, he is presently cutting off his nose to spite his face. If all 1,200 of the teachers that were laid off last June are not rehired, they will be called in first as substitutes, and those that had previously been subbing will be placed farther down the line on the substitute list. So if he is so concerned about working and feeding his face he too should be supporting the strike!

Thirdly, "Mr. Robertson" only mentioned the issue of money. The strike goes beyond that. Although the teachers and paraprofessionals want and deserve a minimal salary increase, there are other issues that are just as, if not more, important. The reassignment of some of the laid-off teachers for an example. A former teacher associate of mine, who had been laid off as a third-grade teacher, was offered a job teaching remedial reading to high school students, a position he was totally unsuited for.

As to the question of the teachers and paras losing credibility with the students, I think that "Mr. Robertson" would like to think that this is the case. Everyday, on their way into the school building, my students stop,

chat and tell me and my fellow teachers and paras that they can hardly wait until we are back in the classrooms with them.

As for the paraprofessionals (teachers' aides) that are "primarily a bunch of middle-aged ladies," at my school alone 90 percent of the paraprofessional staff is under the age of 40 and well over 50 percent are minorities. Please note that paras have had no benefits and do not get paid during Christmas, Easter and summer vacations. Many of us are currently enrolled in institutions of higher education to improve our skills and some to get their credentials with the hopes of teaching.

I at no time have been "terrified," intimidated or threatened by any striking teachers. On the contrary, I was telephoned by my school's secretary and was told, on behalf of the principal, that if I didn't show up for work I would be fired and replaced by someone else. According to the union lawyers this was totally illegal. I choose, voluntarily, to support the teachers and paraprofessionals in our struggle to create better working conditions not only for the staff but for the students as well.

I too need to eat and find 50 cents for the bus to get me to and from my classes at SF State. Although I haven't been paid since June when school ended, I am getting by somehow.

I am really surprised that the *Phoenix* would run such a one-sided article. I would like to encourage the paper to present both sides to the story.

ARRIBA CON LA HUELGA!

Jo Ann Kergan

Vet kudos

Editor:

I have just read your interesting article regarding our Veterans Affairs operation which appeared in last Thursday's *Phoenix*. We appreciate your concern for the participants of

this program and hope that your newspaper will continue to show an interest in these issues. Thank you for your time and effort.

Robert House
Acting Dean

Rhodesian rip

Editor:

The problems in South Africa today are confusing enough without such deliberate misinformation as put forth by Mr. Lippmann in his forum, "Rhodesian Whitewash."

According to Kippmann, the United States, in violation of its own embargo, is supplying Rhodesia with U.S. rifles, jets and other equipment. The actual truth is that the Rhodesian army is equipped with Belgian FN rifles, French mortars and Datsun trucks. These facts are easily checked in any recognized study on world military armament.

The aforementioned equipment is hardly a shopping bag of U.S. goods. The entire Rhodesian security forces, including the air force, has had to make do with fifties-vintage weapons.

The Rhodesian security forces do not have 40,000 regulars. The true figure is around 7,000 regulars with 80 percent of these made up of black volunteers. The rest of the armed forces consist of reservists similar to our national guard. These include the police reserve and "dad's army" (men over 50). Again, these facts are easily checked.

Soldiers (officers and enlisted men) are paid approximately 60 percent of the wages given to the U.S. Army and approximately 50 percent of the pay rates in Britain and Canada. Add to this the fact that Rhodesian forces are paid solely in the local currency, which is not accepted anywhere else in the world, including South Africa, and you hardly have a climate for money-hungry mercenaries.

The Zimbabwean/Rhodesian army

does account for a lot of guerilla casualties, but that is because they are a disciplined, well-trained army fighting an irregular, rag-tag enemy who prefers to attack soft targets such as farm houses, villages and mission schools.

Finally, time has a way of changing perspectives in this area of the world. Muzorewa is currently branded by Mr. Lippmann as a puppet, but remember that in 1976, Joshua Nkomo was holding talks with then-Prime Minister Smith, while Muzorewa was leading the outlawed ANC faction outside the country. At the time, Nkomo was called a "stooge" and a "puppet" by other nationalist leaders.

I have tried to state that the guerilla war in Zimbabwe is not a simple black-white, good guy-bad guy confrontation. The complexity of the situation in Zimbabwe is not made any clearer by simplistic, unsubstantiated rhetoric as was evidenced in Mr. Lippmann's article.

George Clarke

Middle ages

Editor:

"Dorms not straight o policy" attempts to address an issue which is greater in scope than whether or not one group is discriminated against by housing policy. There is ample room to criticize the Puritan attitude that "the boys room with the boys and the girls room with the girls." We are adults, and we should have more latitude to decide who we shall room with. Unfortunately, the reporters used the benign existence of supposedly "gay couples" as a springboard for their attack. There may be gay couples, but then Mr. Finlayson discounts the importance of this by stating that non-gay couples may be living together on campus; he wouldn't know. And as far as gay students seeking a "congenial relationship," this is not the same situation as "a gay couple being allowed to live together." Mr. Finlayson bluntly stated he would not approve such a situation.

Because he had never "discussed or thought about" non-gay couples living together suggests he's living in the Middle Ages.

Robert Van Ort

PHOENIX

1600 Holloway Avenue
San Francisco, California 94132
(415) 469-2083

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D.A.'s record disputed by rivals

by K.A. Linsley

The race for San Francisco district attorney is turning into a battle of "all against one," with the four challengers running against incumbent Joseph Freitas and his four-year record.

Challengers Carol Ruth Silver, Arlo Smith, Joe Russoniello, and Bart Lee hope Freitas' handling of the Dan White trial has cut into the traditional advantages held by an incumbent politician.

(White, who killed the late mayor George Moscone and Supervisor Harvey Milk, was charged with first-degree murder with "special circumstances," which could have led to life imprisonment with no parole or a death penalty. He was convicted of voluntary manslaughter and received the maximum seven-year sentence.)

Supervisor Carol Ruth Silver (currently second in the polls behind Freitas) is portraying herself as a positive alternative to Freitas, rather than pounding at his weak points.

Silver wants to supply citizens with special prosecutors (which the defendant, if convicted, would pay for), to handle small cases which the district attorney's office normally does not have time for.

She also would work to increase the number of private police officers (Parol Specials) to protect small businesses from shoplifters and robbers.

Libertarian Bart Lee concedes he probably won't win but says, "I think I have a chance to get in the runoff." Lee is the co-author of an initiative to abolish the vice squad (Proposition Q). He proposes an end to all plea bargaining in violent crimes.

Juvenile crime would be a top priority of candidate Joe Russoniello — an ex-FBI agent who served as an assistant district attorney in San Francisco from 1969 to 1975.

Arlo Smith, who placed third in the latest independent poll, plays the role of Freitas' main detractor.

Currently on leave from the state attorney general's office, Smith says he can provide the "leadership to solve some of our problems" that he claims the incumbent "has done nothing about."

Smith is especially concerned with Freitas' statistical record.

"Twenty-five percent of all felony arrests made by the San Francisco Police Department," says Smith, "are released without charges by the district attorney's office."

The number is actually 23.3 percent, and charges were dropped because of possible illegalities in search or arrest procedures, unavailability of key witnesses, victims refusing to press charges, or lack of enough evidence to gain a conviction.

Smith fails to point out that while the felony arrest rate in the city has remained about the same, Freitas' administration has tripled the number of felons sent to prison.

According to a report compiled by the Bureau of Criminal Statistics in Sacramento, 5.3 percent of San Francisco's 7,907 adult felony arrests in 1978 resulted in imprisonment.

The statewide average was 4.6 percent.

Freitas considers these statistics as part of his "good record." He also points to an impressive list of achievements he considers favorable.

Some of his accomplishments include appointing 20 women, ten blacks, eight Asians and four Hispanics to the post of deputy district attorney. He also formed what he calls a "career criminal prosecution unit" which concentrates on those who repeat such felonies as armed robbery and residential burglary.

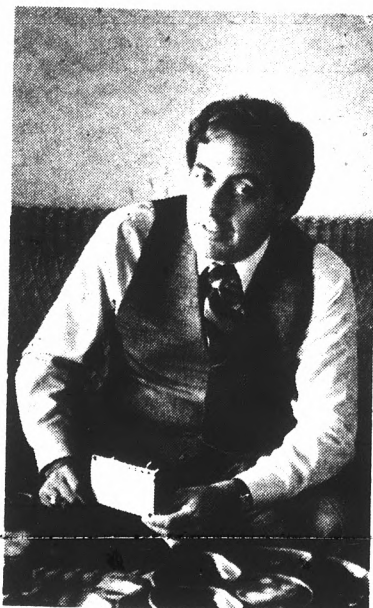


Photo by K.A. Linsley

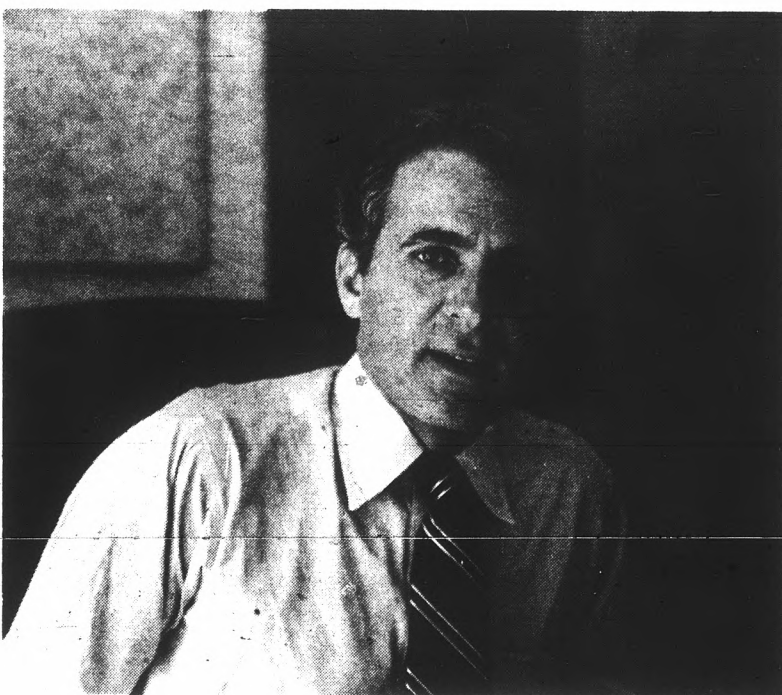


Photo by K.A. Linsley



Photo by K.A. Linsley



Photo by Jean Ewers

Freitas said the purpose of the case was to point out that "sports figures are being used to promote junk foods."

Nutrition is becoming an important issue," he added, but said "Wheaties obviously was a little off focus."

While Freitas and his tenure as district attorney have been made campaign issues, there are other hard questions and issues facing all the candidates.

No candidate for district attorney can avoid addressing the Vice Squad Abolition and Repeal Ordinance of 1979.

Libertarian candidate Lee says the initiative rose from his party's philosophy that vice crimes are victimless crimes. Libertarians also believe prostitution and gambling are private acts, and thus not subject to government interference.

Proposition Q has a provision to abolish the police department's vice squad and will repeal sections of the city code that relate to adult "entertainment facilities," bookstores and acts between consenting adults. It also provides for a budget of \$1.00 just in case the city charter or state law requires the existence of a vice squad. Endorsers of the initiative include John Molinari, president of the Board of Supervisors; Rosario Anaya, Ben Tom, and Bill Maher — all members of the Board of Education; and the Rev. Cecil Williams.

Russoniello calls the initiative "a waste of time." "It's silly," he said. "It creates more problems than it prevents."

Smith hasn't taken a stand for or against the initiative but did say that vice has got to be one of the lowest priorities.

There is a proper role for the vice squad," he said, to deal with such problems as child prostitution and organized crime.

Silver said she does not support the initiative, but added that if she were elected and the initiative passed, she would see to it that the law was enforced as set down in the initiative.

Freitas opposes the initiative, although he has been accused of being too lenient in the prosecution of prostitutes. Not only would the initiative be unenforceable, he says, but regular police would end up dealing with vice crimes and be diverted from controlling violent crimes.

Related to violent crime is the matter of handgun control. All five candidates have spoken out on the gun control issue.

Silver keeps a loaded gun in her office and home and says women and senior citizens need guns to protect themselves. However, she does support the "use a gun, go to prison" law, and wants or supports other controls pertaining to licensing and storage of guns.

Russoniello says, "Twenty-two caliber guns should be totally outlawed," thirty-eight's and forty-five's should be registered, and shotguns and rifles should need no registration. He adds that sawed-off shotguns should be outlawed, and thirty-eight's and forty-five's need not be registered if owned by a collector who has modified them so they can't be fired.

"You can not disarm the citizenry first," he said. "Try to disarm the criminal first, then work on whether or not the citizen should have a right to handguns."

He thinks the penalties "for use or possession of a loaded gun during the commission of a crime should be life in prison without parole. The penalties are adequate," he said, for use or possession of an unloaded gun.

Lee is against handgun control, although he is in favor of stiff sentences for those who use a gun to commit a crime.

Freitas says, "I'm a strong supporter of tougher handgun controls. Handguns were invented for one purpose: that was to kill another human being." He claims handguns give people a false sense of security.

"Smith is also in favor of handgun controls, and wants more regulation concerning ammunition and heavy weapons."

In the crucial arena of campaign finances, incumbent Freitas has far

and away outstripped his opponents. He has raised more than twice as much money as Smith, according to campaign spending reports filed with the registrar's office in City Hall. Smith has raised \$50,515 while Freitas has raised \$131,544.

Some of the major contributors to Freitas' campaign include the Automotive Machinists Lodge Number 1305, United Auto Workers, Diamond Heights Village, World Airways, Cost Plus, and three cab companies. He received contributions of \$125 each from the Fairmont, Sir Francis Drake, and Stanford Court hotels.

Ten thousand dollars of the money in Silver's campaign fund has been loaned to her, while two of her major contributors include Fred Furth and King Cab Co. Cost Plus contributed \$200 and the San Francisco Firefighters Local 798 gave \$100 to her campaign.

Russoniello loaned himself \$20,000 for his campaign and some of his major contributors include various attorneys from the law firm of Cooley, Godward, Castro, Huddleson and Tatum. Russoniello has worked with that law firm since 1975 and resigned to conduct his campaign. James Martin MacInnis, the lawyer who was killed in a tragic automobile accident a few weeks ago, contributed \$100, and the Sir Francis Drake Hotel contributed \$250.

Lee's major contributor was Jerald Udinski, an economist who contributed \$500. Lee gave himself \$1,245.

Smith received more than \$1,000 from fellow attorneys at the California state attorney general's office, as well as \$500 from Foremost McKesson and \$250 from Foster and Kleiser.

Of his challengers, Freitas says, "They're all nice people, but they're getting caught in political rhetoric." He accused them of attempting to confuse the public on his record, but said the voters in San Francisco are intelligent enough that "come election day I will have convinced them that my record is a good one and I should be re-elected."

However, Smith says, "I know they're smart enough to figure out what the record is, and as a result will not vote for him."

'Wheaties obviously was a little off focus'



Photo by K.A. Linsley

From left to right: Freitas, Smith and Silver debate before the Media Alliance, an organization of journalists.

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Dream therapy — potential to liberate the mind's power

by Susan Gordon

Jeremy Taylor sits outside on a shaded patio of his San Rafael home, enjoying Bach's "Symphony in A Minor" as it filters through an open window. He is talking about a dream he had a few years ago, one so remarkable he wanted to hold on to it.

He recreated an image from the dream by sewing bits of shiny fabric onto the front of a deep blue shirt — a sea gull in flight surrounded by flashes of golden light.

"The bird is a messenger of God," Taylor says as he proudly points out various parts of the design. "The light flashes are part of the peace symbol."

Taylor, a 35-year-old with sparkling eyes and a cheerful disposition, is a "dream therapist." He has spent several years teaching people how to have more creative dreams. He calls his therapy "liberated dreamwork."

"Everybody dreams," he says. "We all have four or five dreams a night, whether we remember them or not."

Taylor's small daughter, Tristy, walks out onto the patio and smiles at her father as she says, "My daddy listens to people talk about their

dreams."

He smiles back and says he has kept all of the pictures she has drawn of her dreams in a journal. These pictures are Tristy's dream memories.

"The memory is a curious thing," he says. "We can remember our dreams if we make the decision to do so."

But just remembering the many meanings of a dream isn't enough. What's important to Taylor is what people do with their dreams.

"When you pay attention to your dreams," he says, "you get a better understanding of your possibilities for action."

When the dreamer becomes aware of his or her dreams, something clicks. Taylor describes this awareness as a "tingle" or a "bell ringing." The dreamer alone knows what the dream is. When this "tingle" is felt, the person has reached the touch-stone of dreamwork.

Reaching that touch-stone is what Taylor's dreamwork is all about. His firm belief is that the person who is able to liberate the dreamworld will be liberated.

He lowers his voice and says everyone sees a figure in his or her dreams, a shadow that weighs one

down and drains personal energy. Once aware of this shadow, the dreamer can turn its power around and use it in a positive way.

"When you deal with your dreams, and see them clearly and say 'Yes that's me,' your life can be fuller. When you recognize that you have this source you become free, liberated."

For a brief moment he is silent. He leans back in his chair and lets out a chuckle as he explains that there is a second meaning to the word liberated.

"It is a purposeful pun. Liberated dreamwork also means freeing dream analysis from the psychiatrist's couch and opening it up to be used by everyone. You don't have to go to a trained therapist. This is a myth."

Taylor received his master's degree in interdisciplinary work in psychology and history from the University of New York in Buffalo. He now teaches a course in liberating dreamwork at the Starr King Theological School, a Unitarian training school for ministers.

Every Monday night he meets with a group of ministers who think members of their congregation can benefit from creative dreaming by applying it to their everyday lives.

Taylor opens up the world of creative dreaming for them by explaining the history of dreamwork and the different techniques that are used. He says it is essential that each and every one of them share his or her dreams.

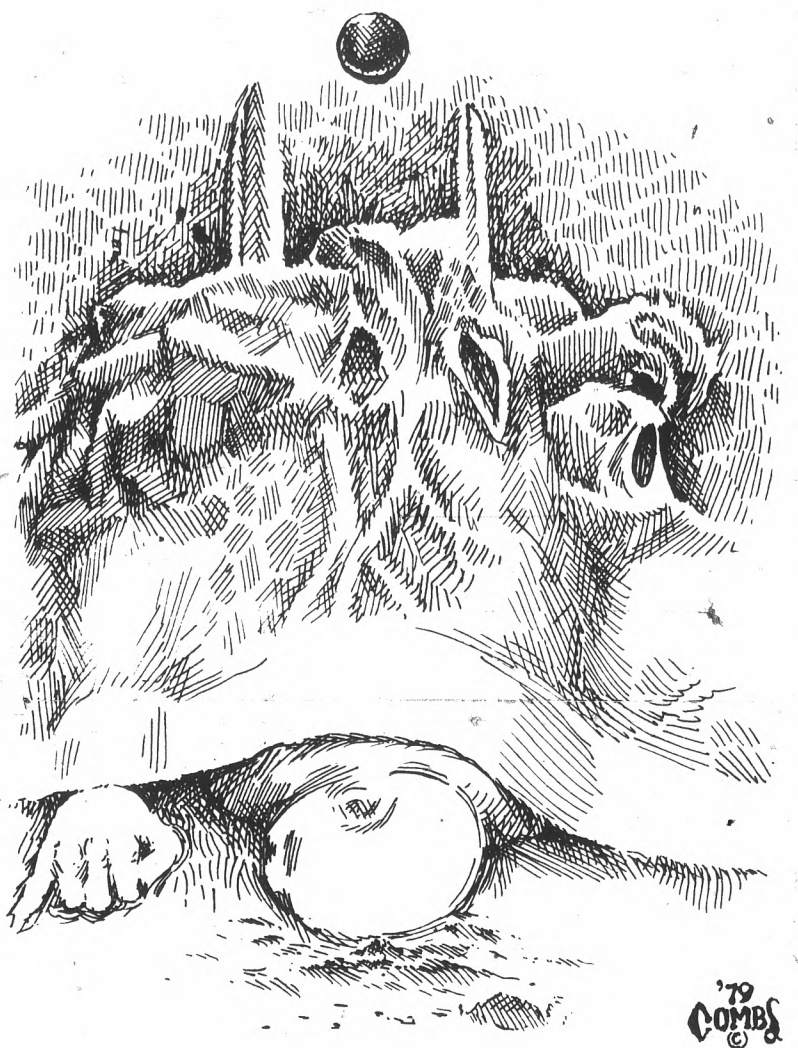
"It is important to share your dreams," he says. "Other people listen and they care. There is reinforcement in a group."

His ideas about the dream state began to take shape when he was a student in Buffalo. Taylor and several other students were looking for rational answers to end the riots that were occurring after Martin Luther King's death.

"It was a curious route," he says. "Politics. I started looking for rational ways to deal with violence. Newspapers were filled with stories about the riots. We would go around and put on dramas based on the stories, acting out the different points of view — the policeman, the demonstrators."

Taylor believes that these dramas prevented future violence because people were able to see "all of these people are you. Everyone in the story is you."

This experience led to his first dream group. He started to experiment with dream therapy while



working with another political group.

"We began to feel restricted with our political focus," he says.

The group used dream therapy as a creative and non-violent method for finding solutions.

That was years ago. Taylor now, besides teaching, travels around California lecturing on his dreamwork. In his opinion, dreamwork is the best way for people to solve normal everyday problems.

"Dreams are natural," he says.

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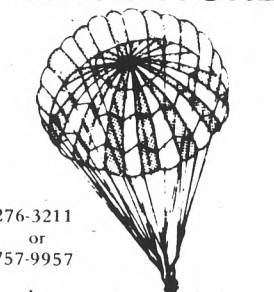
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arts

Bayview attracts jazz

by Jamie Williams

Hundreds of people from the black community enjoyed the Indian summer heat, music, food, dance performances and late afternoon disco last Saturday at the Bayview Indian Summer Festival in San Francisco, sponsored by the Bayview Opera House.

The festival, which featured a guest appearance by jazz saxophonist Bishop Norman Williams, was a kickoff program to recruit people into the Bayview community arts workshops in dance, drama, photography and jazz.

Williams played "For Lee," "Billy Ballet" and "Bishop Strikes" for the crowd. He decided to participate in the festival to share his talent with the community.

"I want to turn on the black community to pure music. Jazz. People

show up in masses for festivals and fun. This is a good opportunity to bring jazz to the black community," said Williams.

Lenny McBrowne's trio also played jazz at the festival.

McBrowne, the artist-in-residence for the Bayview Opera, will be teaching the jazz workshops through the Neighborhood Arts Program. He hopes to increase the participation of professional artists in community art.

"I plan to bring some heavies to the workshops. This community has an abundance of professional talent and the workshop participants could benefit from professional training," said McBrowne.

"We hope to get Billy Higgins as our first guest speaker to demonstrate for the jazz workshop. Hopefully, the workshops will evolve into a perform-

ing jazz group," said McBrowne.

Adults relaxed while they listened to the jazz and teen-agers, with their huge tape recorders extending from their shoulders, waited impatiently for the next disco band.

Creations, a disco band, performed for 30 minutes, giving the children and teen-agers the disco performance they wanted to see. Many of the young adults in the group were also from the Bayview area.

The only other person to stir the young people was Dr. Funk, the youngest disc jockey in the Bay Area, whose flock of groupies follow him wherever he goes.

He creates new dances and changes the words of disco tunes to describe Fillmore, Bayview and Lakeview so the teen-agers can show pride in their communities by out-dancing and out-singing the others.

The teen-agers and children were surprised to find an African dance troupe made up of people from their community. The Swahili Dance Troupe, formed from the Bayview Opera House Teen-African dance workshop, exemplified the local talent.

Diamano Caoura, a traditional Senegalese dance troupe, performed with energy and ease, surprising the audience with its professional talent.

The festival featured something for everyone. People received free dental checkups, sickle cell screening, high blood pressure checkups and family planning information from health booths.

The festival ended as Dr. Funk blew music to his following until it got too dark and cold to continue. By the end, many of the young people and adults had already signed up for the workshops.

Two opinions on Coppola's epic

The writer's

by Kevin Bell

In film history, there have been only a handful of movies that have incited the minds and aroused the emotions of a generation. Francis Ford Coppola's "Apocalypse Now" will become such a film.

With the tons of criticism, a good bit of it negative, the plot is well-known by now. A psychotic young officer named Capt. Willard (Martin Sheen) is ordered to assassinate a glorious Green Beret colonel named Kurtz (Marlon Brando), who has gone mad in the jungle, setting up a throne of blood and murder. The army wants him killed because he is beyond their control. His methods are described, in a telling army euphemism, not as heinous or horrible, but as "unsound."

From the opening scene, when the sedate, heat-soaked jungle landscape is overwhelmed with the hellish beating of helicopter wings, the mood is set. The American terror-technology is let loose upon the earth. The helicopters are symbols of pure hell, winged messengers emblazoned with the motto, "Death from Above."

On the edge of the river, Willard is witness to a bizarre helicopter attack led by the mad, Catch-22 style Col. Kilgore (Robert Duvall). A quiet Vietnamese village is turned into a chaotic slaughterhouse. The jet fighters, dropping a stream of napalm, elevate the conflict from a folk dance to a Wagnerian opera. Duvall's beer-swilling, ball-grabbing, obscenely macho performance is the most vivid and fully realized in the film.

Willard begins his slow descent on the river, the technology fades into the primordial denseness of the jungle, and the screen fills with dark, twisted imagery and pervasive gloom. At this point, the personalities of Willard and Col. Kurtz become fused as Willard ponders the terrible attraction of this man who, as Joseph Conrad wrote, "has shook himself free of the earth."

The river runs next into a surrealist sexual nightmare of a Playboy bunny

USO show and to a young, nervous kid from New York City who empties a machine gun into a boatload of Vietnamese. Willard fires the last bullet in the scene, underscoring his increasing attraction with the ever-nearer Colonel Kurtz.

The last stop before the Kurtz compound is a U.S. camp on the Vietnam/Cambodia border, an electrically frenzied scene with only black soldiers on the front lines. There is no control here, no order, and it sets the stage for the macabre sense of order that prevails in the Kurtz camp.

As the boat nears the Kurtz compound, a spear goes through the heart of the pilot, signalling an abrupt change in the film's intent. It is no longer a study of Vietnam; it is now Africa, it is everywhere, it is the heart of darkness. Those who continue to view the action in terms of the Vietnam War will be left confused and disappointed.

**'Sheer blank
fright,
the pure
abstract terror'**

It is at this point, when Willard finally confronts Kurtz in his primitive, blood-soaked camp, that many critics have found the major flaw in an otherwise great film. It is true that the Coppola/Brando adaptation of Kurtz fails to portray the beauty, the genius and the artfulness of the man who, like Raskolnikov or Macbeth, has transgressed the tenuous social and moral order that creates civilization out of chaos.

But it's more a problem of form than content. Conrad is able to exploit the paradoxical blending of madness and

genius, of beauty and horror, in "Heart of Darkness," because the novel is better suited to deep explorations of personality and character. The novel can directly transmit thought, the film only images that provoke thought.

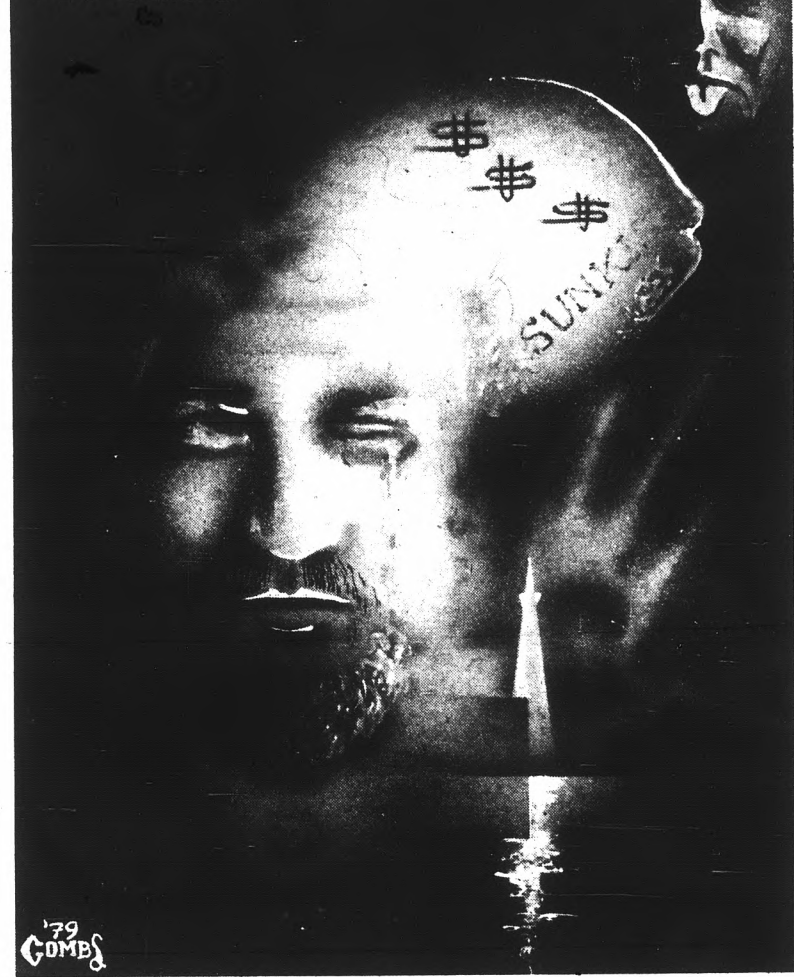
But film is the more emotional, the more visceral medium, and Coppola creates lurid spectacles of death on an overwhelming scale, remarkably bringing to the screen the "sheer blank fright, the pure abstract terror" of Conrad's work. The Kurtz compound is Dante-esque in its intensity, filled with severed

heads and tortured souls; the soundtrack, punctuated with cuts from the Doors and Wagner, is a slow, constant scream from hell.

The film is indeed a masterpiece. The ending is muddled for some, because Coppola has undertaken as his themes no less than the nature of man, the sham of civilization and morality, and the boundless capacity of man to do evil.

It is a work of art, well worth the years in the jungle and the senseless, petty attacks of the critics.

The artist's



Simon's 'Good Doctor' pays visit; audience cracks up, gets well fast

by Sherry Posnick

Suffering from mid-day melancholia? "The Good Doctor," presented by the Brown Bag Theatre is the cure. The prescription is laughter, which is dispensed today and Friday at noon in the basement of the Student Union.

"The Good Doctor," a play by Neil Simon, is based on the short stories of Anton Chekhov. Nothing has been lost in the transition in terms of humor

and warmth. The events and characters are as meaningful in today's world as when they were supposed to have occurred, at the turn of the century in Russia.

The five actors gave exuberant and polished performances in spite of the difficulty of portraying new characters in each scene. Although the play began as rather low-key, it became more hilarious with each passing scene. Towards the end, members of the au-

dience might have fallen off their seats, if they hadn't been sitting on pillows on the floor.

The different stories or scenes are woven together by Gary Hiffard, portraying Chekhov as the narrator. Hiffard is fine as the absent-minded writer who imagines scenes and characters for his short stories while pretending to listen to conversation and going about his daily life. Hiffard manages to give the author a warmth and wit that charms the audience throughout the play.

The most hilarious scene is superbly acted by Suzanne Grodner, who portrays a woman trying to receive money from a bank to pay for her husband's nervous disorder. She is truly adept at satirizing women who act like suffering martyrs as a means to an end.

While badgering the banker and his assistant mercilessly with physical and verbal abuse, she implores them, "Please don't take advantage of me, a poor defenseless woman." Her funniest line is delivered as she describes her ill health, "Nothing stays down, I had the same cup of coffee three times today."

Each of the stories are unique and special with bittersweet humor about life's unfairness and cruelty. Perhaps the play's narrator sums it up best when he says, "Pain is no laughing matter, unless someone else is doing the laughing."



David Resseguie perfects his chairside manner on Cully Fredricksen.

A perfect '10'

by David Hern

"10" is probably the strangest film of 1979. It is at once intriguing, bewildering and very, very funny. The advertisements for the film lead one to believe it is a ribald, zany sex comedy with little or no value other than for passive entertainment. But it is much more than that.

"10" is the rather pathetic story of George Webber, a 42-year-old, highly-successful songwriter caught in the throes of a debilitating mid-life crisis. He is consumed with feelings of doubt and sexual inadequacy. And even though the trappings of his monetary achievements lie all around him in his chic, sumptuous estate, George, instead of being the master of his fortune, is in fact the victim of it.

Dudley Moore, the fine British comic of "Bedazzled" and "Foul Play" fame, plays George brilliantly. Moore conveys George's total loss of self-control through a carefully employed log of nuance and wretched excess.

George swigs brandy, dials the phone, sighs, swigs brandy, sits agitated, cusses, trips over his own foot and tops it all off with a swig of brandy. The stage is primed for a very odd saga.

The first 20 minutes of the film seem to follow the standard format for a sex comedy. George is insecure and hot to trot. There are lots of close-ups of women jiggling in the rearview mirror of his car, in the corner of his eye and through a telescope he keeps on his back porch to spy on his sexually rambunctious neighbor.

Everything is very jolly and perverse, but then something happens. George's obsession goes too far and he becomes fixated on a young, beautiful woman he spies on her way to get MARRIED. Here is the end of all rationality. He pursues her all the way to South America on her honeymoon, oblivious to all possible consequences.

The number "10" in the title is a reference to the woman's beauty rating on George's scale of 1 to 10.

Blind with passion, always half-inebriated, he is no longer the humorous slump, but suddenly a painfully human middle-aged man. His world of Mai-Tais

with little paper umbrellas, polished chrome and touch-tone telephones begins to appear much less enviable.

And the plot, which ostensibly would offend the feminist, becomes if anything, an expose of the dynamics of the chauvinist mind. George is neither a bastard nor a lovable scamp. He is simply a man with doubts and fears like all who preceded him into eternity.

At the end, the story becomes distinctly moral and reaffirms the validity of the sometimes-feeble attempts men and women make to give and receive love.

"10," unlike many films of similar nature, does not take the short way home. All ramifications are considered in order to paint the complete portrait of the dilemma. So although the viewer might accuse the filmmaker of being blunt, exasperating or embarrassing, he can never be accused of inaccuracy.

Incidentally, the filmmaker of whom we speak is Blake Edwards, who is most famous for the venerable institution of "Pink Panther" films. As writer and director, he has finally proved himself capable of composing a script with a respectable plotline and a minimum of slapstick.

"10" is such an oddly-composed film, with so many curious plot elements and unexpected displays of behavior, it is doubtful whether it will be a success. But the catch phrase for the film is certainly accurate — "10" — a mature comedy for adults who can count."

San Francisco Film Fest discount cards

Special discount cards valid for the Castro Theatre showings of the 23rd annual San Francisco International Film Festival, which runs Oct. 10 through 21, are available at the Castro, Surf, Clay and Lumiere theater box offices.

The discount card entitles the holder to any five film showings at the Castro which may include the opening night party. The Castro showings commence Thursday, Oct. 11, with the French film "Heart to Heart."

Spotlight

FILM

October 4-5 — "Heaven, Can Wait" at 4 and 7 p.m. in the Barbary Coast room of the Student Union. Admission is \$1 for students and \$1.50 for the public.

SALSA

October 5 — Tito Puente and his orchestra, Jorge Santana and Cesar's Latin All Stars at La Galleria, 101 Kansas St., 8 p.m.-2 a.m. Admission \$10.

SHAKESPEARE

October 4 — "Shakespeare for Actors, Students and Lovers" at 1-2 p.m. in the Little Theater, Creative Arts building. Admission free.

October 7 — "Midsummer Night's Dream" will be performed free to the public in the Shakespeare Garden adjacent to the Academy of Sciences in Golden Gate Park at 2 p.m.

THEATER

October 5 — Bay Area premiere of "Comedians" by Trevor Griffiths. 8 p.m. at the Eureka Theater, 2299 Market St. Tickets are \$5 for Thursdays and Sundays and \$6 for Fridays and Saturdays.

VARIETY

October 4 — Sam Rudin and Piano Madness at the Union Depot, Student Union, 5-7 p.m.

CLASSICAL MUSIC

October 7 — The Philadelphia String Quartet will open the 26th season of the Morrison Artists' Series at 3 p.m. in McKenna Theatre, Creative Arts building. Free.

October 8 — The Philadelphia String Quartet will present a free masterclass for students and the general public at 1 p.m. in Knuth Hall, Creative Arts building.

October 9 — Laszlo Varga, SF State professor of music, will give his yearly recital for cello and piano with Karen C. Rosenak, pianist and lecturer in music, at 8 p.m. in Knuth Hall, Creative Arts building. Tickets are \$3, with half-price admission for students, senior citizens and members of SF State Alumni Assn.

POETRY

October 4 — California writers Judy Grahn and Al Young at the Barbary Coast, Student Union, at 12:30 p.m.

October 9 — Poet Robert Bly at noon in the Barbary Coast, Student Union. Admission is free.

DANCE

October 4 — The Chinese Cultural Center presents the Chaing Ching Dance company at the Herbst Theater, Civic Center, San Francisco, 8 p.m. Tickets \$3 and \$5.

EXHIBIT

October 9 — De Bellis Collection. 6th floor Library; Anthropology Museum, HLL 300; Sutro Collection, Science 115.

BALINESE GAMELON CLASS

Oct. 9 — I Wayan Suweka will be offering classes in Berkeley in several Balinese musical forms, including gamelon gong, an orchestral ensemble of bronze gongs and metallophones, and gender wayang, a small ensemble used to accompany the shadow puppet play. Suweka will also offer classes in Balinese dance. For more information call 841-2350.

NEW WAVE

Oct. 8-16 — KSFS will record and broadcast seven new-wave acts on the night following the original performance. From the Deaf Club. KSFS will bring you, on the 8th, the Zeros; on the 9th, the Offs; on the 10th, Tuxedo Moon; on the 11th, the Units; on the 12th, the Mutants; and on the 15th, the Germs. On the 16th, from the Savoy Tivoli, KSFS will broadcast a recording of Chip and Tony of the Dils in a special acoustic experiment, along with No Sisters.

BLUES

October 5 — Dana Hubbard's Blues Plus at the Union Depot, Student Union, 2-4 p.m.



Gator coach Vic Rowen, now in his 19th year at SF State, will be honored Saturday at Cox Stadium. His team takes on Hayward State in the afternoon contest.

Photo by Doug Menez

'Vic Rowen Day' opens grid league

by A.R. Worthington

This Saturday, Gator head football coach Vic Rowen will be festooned with gifts for his 26 years of coaching at SF State. But the gift he will most appreciate is something the Gators have yet to prove they're capable of giving him consistently: a win.

The Gators, 2-2 after a 26-3 loss to U.S. International University last Friday, will host the Hayward State Pioneers at Cox Stadium, Saturday at 1 p.m. The Pioneers, 1-2 overall, are coming off their first win of the season — 17-10 over St. Mary's College. The Pioneers' first two losses came at the hands of Cal State Northridge, 10-8, and Santa Clara, 48-7.

The Hayward game has been designated "Vic Rowen Day" and will feature pre-game ceremonies honoring the football coach.

"I think it's about time that somebody honored him," said Sports Information Director Dirk Smith. "I don't know anyone that is more worthy of a tribute than Vic Rowen. He's been here for 26 years and he's one of the best football coaches in the country. I don't know anyone who doesn't think that he merits a tribute."

Smith obviously hasn't discussed the matter with Rowen, who shrugs off the day as a fairly insignificant event in his life.

"I don't pay any attention to tributes," he said. "I intend to coach

for a long time and I don't want to get caught up in anything that takes away from coaching. Tributes are for other people, not me."

Although Rowen detests the thought of tributes, his background confirms Smith's notion that he deserves to be recognized.

Now entering his 19th year as head coach of the Gators, Rowen is the sixth-winningest coach in Division II

teams" all through the '60s, but experienced a total upheaval during the student metamorphosis of the early '70s.

"Our program suffered greatly during the early '70s because of the student problems going on," Rowen said. "The atmosphere was not altogether conducive to football, to say the least. It has taken a long time to rebuild, but I think we are on the

doesn't make any difference to me that we don't offer athletic scholarships. I simply enjoy coaching. I get a great deal of satisfaction from taking a ballplayer and making him better. It's a real challenge."

Last week the Gators exemplified the more challenging aspects of Rowen's job as they suffered a one-sided loss to U.S. International. However, several players showed that they are responding well to the SF State coaching.

Vincent Gray had another good day rushing as he picked up 35 yards on eight carries. Junior linebacker Gil Castillo picked off his second pass of the season and added 12 tackles and two assists. Sophomore linebacker Dave McCrery collected 10 tackles and two assists.

Junior punter Alan Dewart, a 6-foot 1-inch, 190-pound native of South San Francisco, was named "Miller Athlete of the Week." Dewart punted eight times for a 42-yard average (raising his seasonal average to 39.8), including one kick placed inside the 15-yard line, the fifth time this season Dewart has managed the feat. He also accounted for the Gators' only score with a 23-yard field goal.

Versus Hayward State, the Gators have a 10-4 record, but they dropped last year's contest 26-10 at Hayward. The game represents a homecoming for Pioneer coach Tim Tierney, who once played for SF State.

sports

history with a career record of 106-95-6 (94-85-6 at SF State).

After graduation from Columbia University in 1951, Rowen was given his first head-coaching assignment at Defiance College in Ohio. Rowen took the 0-6 team and turned it into an 8-0 team within three years.

In 1954, Rowen relocated on the SF State campus as offensive line coach. In the next seven seasons the Gators captured five Far Western Conference championships.

Rowen became head coach in 1961 and took the team to the FWC title. Since then Rowen has directed SF State to four additional championships.

The Gators had "very strong

Rowen attributes a great deal of the success the Gators have had over the years to the coaching staff and his coaching philosophies in particular.

"I think, without meaning to boast, that I am as good a football coach as anyone that has ever lived, as far as pure, technical aspects are concerned.

"We have some of the best coaches around, and we've turned out more coaches than any school in the area. Our program is renowned nationwide and that has influenced many players that have decided to come here. They know they're going to be coached properly and that they'll learn as much here as they could anywhere else.

"I've never considered moving on. It

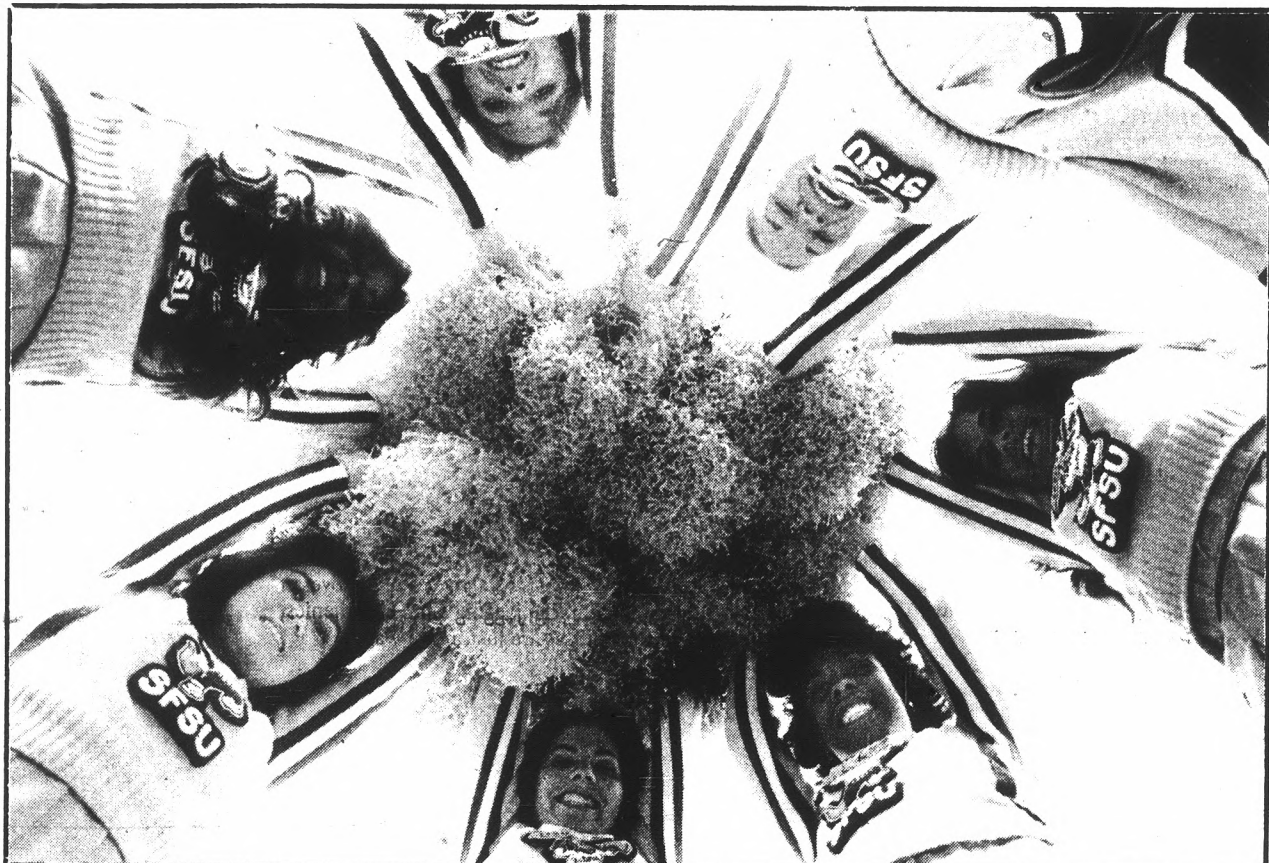


Photo by Jeff Belt

The 1979-80 Gator Cheerleaders (clockwise from upper-right corner): Linda Braski, Libby Durand, Robin Bobbit, Eileen Patron, Theresa Villarreal, Carol Diangelo and Shelly Hall.

scoreboard

VOLLEYBALL, Sept. 28

Humboldt 9 11 14
SF State 15 15 16

Oct. 2

SF State 15 7 15 13 11
Chico 1 15 8 15 15

SOCCER, Sept. 27-29

Far Western Classic
SF State 3 wins, 1 loss (2nd place)
All-Tourney: Paul Mangini, Nick Barulich, Scott Talbot

FOOTBALL, Sept. 28

U.S. International 26, SF State 3

WATER POLO, Sept. 28, 29

Northern California Invitational
SF State 0 wins, 3 losses

Oct. 3

SF State 14, Santa Clara 9

MEN'S CROSS COUNTRY, Sept. 29

SF State — 4th place (league meet)

UPCOMING

Today

*Volleyball at Davis (7:30 p.m.)

Oct. 5

Volleyball at Cal Tournament

Oct. 6

*Cross Country at Davis

*Soccer at Sacramento State (7:30 p.m.)

**Football vs. Hayward (1 p.m.)

— Vic Rowen Day

Oct. 9

Soccer at St. Mary's (3 p.m.)

Oct. 10

*Volleyball at Sacramento State (7:30 p.m.)

*Water polo at UC Berkeley (3 p.m.)

*Conference contest

**Broadcast live at 12:45 p.m.

over KSFS via com cable TV, channel 6 and cable radio 100.7 FM.

Endless search for spirit drives cheerleaders

by Janet Coffman

On a windy, fog-bound day in SF State's Cox Stadium, it is easy enough to surrender one's mood to the grayness of the weather.

The sound of racquet balls echoes emptily from a court hidden behind eucalyptus trees bordering the east side of the stadium. The leaves of the trees are green, dull green. Instead of focusing on the royal blue and brilliant red nylon jogging shorts covering the dozens of pairs of legs pumping endlessly around the track, one's eyes are (willingly) drawn to the tired white T-shirts and dusty Adidas.

Disturbing such complacency is the stuff making up the dreams of SF State's cheerleading squad.

They present a flurry of color on the field — short gold-pleated skirts

slashed with purple, gold sweaters trimmed at the sleeves with purple stripes, white socks trimmed in similar hues — as the eight figures stretch, kick, bump, bend, jump with crepe-paper pompons rustling, arms and legs flying, mouths open wide in laughter and chanting:

Disco inferno
Give it all that you got
Hey
Come on team
Shake that thing
Gators
s . . . s . . . s . . . s . . . s
GET HOT!

Funded through Associated Students and advised by Assistant Basketball Coach Kevin Wilson and 19-year-old recreation major Ramona Rhone, the cheerleading squad works its way

through two semesters of sports activities.

They pick up two units of credit while performing their animated routines before audiences at football, men's and women's basketball, baseball and wrestling matches.

Their ultimate goal is to arouse school spirit, that mystical liveliness which nonetheless results in a very real physical frenzy among a group of people contained in a stadium or sports arena.

Foremost in catalyzing school spirit are the cheerleaders, according to adviser Rhone. The games themselves seem to serve only as a backdrop. "If there are cheerleaders, you know there's gotta be a team somewhere," she says dryly.

"Cheerleading is a sport and it takes a lot of work," says Rhone. "You have

to be in good shape, both physically and emotionally. I'd say cheerleading is up there in the ranks of other sports, but people don't take it seriously."

Besides practicing four hours a week, the squad works out the entire day before a game. During the summer they attend a four-day cheerleading camp. The camp offers workshops on technique, stunts, fund raising and safety precautions, as well as the psychology of cheerleading.

While the group of 18 to 20-year-olds performs a routine called "booty-butt," adviser Rhone yells over the bleachers, "All right, look sharp! Not too shabby! No! No! Stagger like when you get drunk!"

They form a diverse group, whose interests run from biochemistry to broadcasting to physical education

majors. As veteran pompon girls, pep-squad members and song girls, they are uncomfortable with the lack of status attached to cheerleading at SF State. Theater arts and psychology major Robin Bobbit says, "You really have to have spunk to be a cheerleader at this school. When some of my friends found out I was a cheerleader, they were so disappointed in me. They thought it was something stupid."

"I'm so sick of hearing, 'Oh, you're just a cheerleader,'" says Rhone. "We don't get enough credit. I think you should get your school jacket for being a cheerleader."

They are equally uncomfortable with the image of cheerleaders as empty-headed, blue-eyed and blonde, but have developed some skill in dealing with this stereotype. "Yeah, I used

to look like that until I started working on my arms," says brown-eyed Linda Braski, the only blonde in the group, as she flexes well-rounded biceps. Twenty-year-old Braski admits to preferring the role of "jock" to that of a cheerleader.

Their help is indispensable, according to faculty adviser Kevin Wilson, who easily slips into personal memories of collegiate athletic events marked by dramatic entrances, golden carpets and wild enthusiasm. "College is a tradition, and cheerleaders are part of that tradition," insists Wilson.

While such tradition seldom extends beyond the perimeters of Cox Stadium, it nonetheless feeds the infectious liveliness of the SF State cheerleading squad. They aim to dislodge spirits jaded before their time.

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Running by the numbers

Jogging Lake Merced is par for the course

by Liz Everett

It used to be that cars were the cause of all the traffic problems in San Francisco. But during the lunch hour the traffic of those noon-hour runners can rival nearly anything their gas-eating counterparts can cause in the way of congestion.

The art of running, and it has been argued whether it's really an art because anyone between the ages of three and 93 can run, has grown tremendously in the past ten years. The reasons vary from being a great way to meet people to the simple fact that it's one of the best exercises around.

According to Dr. George Sheehan, a heart specialist and medical columnist for *Runners World* magazine, running is "a physiologically perfect exercise." "It uses the large thigh muscles and leg muscles in a rhythmic fashion at a personally controlled rate. Running has also been proven to increase cardiopulmonary fitness, reduce weight, lower blood pressure, decrease the cholesterol and triglycerides associated with coronary disease and it helps psychological stability."

But enough of that. Everyone knows running can be good for you, but not everyone knows it can also be fun. Par Course Limited in San Francisco has combined the importance of good exercise with the sport of running by developing various "par courses" around the city.

A par course is defined as a running course that has a certain number of stations, each having a different calisthenic for the runner.

The idea of a par course was brought to this country by Peter Stocker, founder of Par Course Limited, who got the idea while traveling through Switzerland in 1972.

To the Swiss it was known as "Vita Pacours," and was basically the same type of system - various stations combining jogging with calisthenics.

The first par course in the United States was built in San Francisco in 1973. It was the Mountain Lake Course, located at 9th Avenue and Lake Street, donated to the Recreation and Park Department by Peter Stocker.

"The Mountain Lake Course, originally planned as a 20-station course, is an 18-station, one-mile course," says Steven Ruddell, an employee of Par Course Limited.

Along with the Mountain Lake Course, San Francisco has three other par courses: Marina Green, a 2½-mile, 18-station course built in 1976, Downtown Par Course, a nine-station, one-half mile course located at Drumm and Clay streets and the Lake Merced Par Course, an 18-station, two-mile course located at Skyline Boulevard and Harding Road.

The Lake Merced course, built in 1978, seems to attract the greatest amount of traffic, particularly since it's close to SF State.

The Lake Merced Course, which borders a part of the five-mile, man-made lake, includes a number of calisthenics "sure to make you sweat," says Lisa Amini, a visiting student from UC Santa Barbara.

One of the more challenging exercises is the "body curl." Even if you are inexperienced at this sort of thing, you have a choice of the steepness of the incline board which you want to lie on to perform the "task."

The directions are as follows: Lie on incline board, grasp bar with both hands behind head, curl body into tuck position, recover and repeat to par.

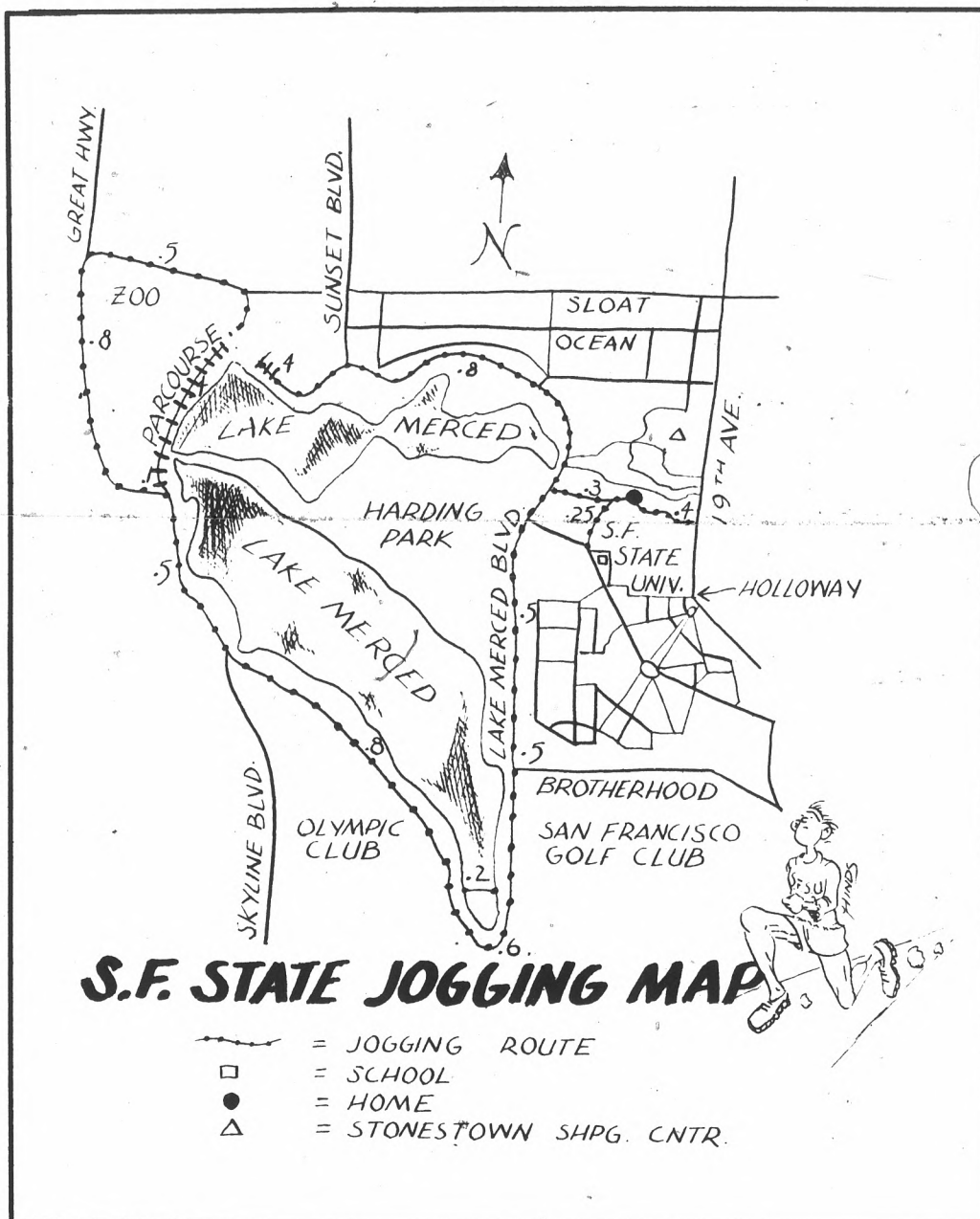
Another exercise is the Vault Bar: Grip bar at challenging height with both hands, vault over bar, legs together and return to starting position. Repeat.

The bar is at a slant, so this gives you a chance to work your way up - depending on your degree of conditioning. Starting par at this particular station is five.

There are no special requirements for the location of a par course. Ruddell says "they can be built almost anywhere in the world."

"Areas choose us, really. People will call in and say they want one. Rotary clubs will make it their yearly project and donate it to the city or their park department," says Ruddell.

Par Course Limited will usually work in conjunction with a park department or schools which have property



they are not using.

Perrier is the company's corporate sponsor, and also sponsored the Lake Merced course. The Hyatt Regency Hotel chain was the sponsor of the Downtown par course. The Marina Green course is the only course in the city which was purchased by the Recreation and Parks Department.

"A complete course costs approximately \$6,000, not including installation," says Ruddell, "but putting the course together can be the best part of it. It can be a really fun community project, one that gets everyone involved."

Although the par course is designed for an overall physical workout, combining jogging and calisthenics, some runners feel the courses are just in the way.

One Lake Merced jogger is Dr. Richard Hoedt, who runs five to eight miles four times a week.

"I think the par courses are fine - if you walk through them. But their purpose is to stretch and warm you up. They're not going to help you that much after you've started running," says Hoedt.

"I think that they are a great motivation for beginning runners," says Dave Fix, SF State track coach. "You can self-educate yourself to a certain degree in this field, but a par course is a good beginning place because it emphasizes total fitness."

For the most part, the par courses appear to be quite successful in San Francisco. Diane Palacio, secretary to the public service officer for the Recreation and Parks Department, says that all reports are "positive, positive."

"They're good for old and young, you can work at your own level, pace and speed and the best part about them is that they're free."

Gator aches, breaks and bruises keep Connie Jardine busy

by Annette John

In this day and age, when women construction workers and sportswriters are commonplace, Connie Jardine fits right in.

She's the first woman head trainer for SF State athletics.

"Women trainers are not unusual, especially since Title IX (equal funding for women's sports)," Jardine said. "The larger schools usually have a male trainer for men's sports and a female trainer for women's sports. We have one head trainer for both men's and women's sports."

In the field clubhouse, busily packing ice and first-aid kits for the football team's trip to Pomona, Jardine, 23, works with quiet efficiency, always joking with the players. Watching her tape an athlete's leg quite professionally, it is apparent she knows what she's doing.

"I always knew I wanted to be a trainer at the collegiate level," said Jardine, who did her graduate work at the University of Montana as a physical education major. "Becoming head trainer here just happened to be a matter of my being in the right place at the right time."

Last year, Joe Webb was the Gator trainer and Jardine was his graduate assistant. After Webb left to work at St. Mary's hospital, Jardine applied for the trainer's job and got it.

Now, she is responsible for 23 varsity teams and manages a staff of eight volunteer student trainers. Her graduate assistant, George Walter, is her right hand.

"George saves my life," Jardine admits.

Because lack of proper conditioning is the number-one cause of injuries in athletes, Jardine assesses the trainer's objective as one of trying to rehabilitate an athlete through treatment and conditioning as soon as possible.

"We look at all the aches and pains and evaluate them," Jardine said.

Then, through such treatments as modality (whirlpool), Jardine and staff gradually rehabilitate the athlete back to competitive form.

"A trainer's job is one of common sense," said Jardine, who leaves all diagnosing to Dr. James Glick, the team doctor. "If a guy can't walk, he obviously can't run."

Jardine is attractive and personable. Her work attire is a pair of warm-ups, T-shirt and track shoes. The sun has streaked her blonde hair and tanned her skin, and her eyes are lightly shadowed in blue.

She says because of the power, speed and contact involved in football, she attends all the games. But, because of the rising competitiveness in women's sports, Jardine makes sure there is a student trainer at all women's games as well.

When asked the obvious, about a woman in a men's locker room, Jardine laughed.

"The guys are great," she said. "They treat me as a professional and as a woman."

Jardine says the modesty element is no problem. "All I do is ask the guys to wear shorts when I'm in the dressing room," she said.

"I think I'm at an advantage because I was here last year - the guys know me," Jardine said. "Lots of times players don't like to get taped by a person they don't know. I think it would be different if I wasn't here last year."

Jardine feels the coaches are receptive to her and have confidence in her, as well as the players.

Vic Rowen, SF State's head football coach, echoes that sentiment.

"Connie is a skilled and confident person," he said. "We have just as much confidence in her as we did in Joe Webb when he was trainer. We're glad to have her."

Associate Athletic Director Kathy Argo agrees. "I have confidence in Connie as a trainer. She has the ability to analyze any injury and she makes certain that each team has a trainer. She has provided a service to the athlete and the coach."

Jardine is dedicated to her profession. Eventually, she says she wants to pursue a doctoral degree and perhaps go to physical therapy school. But wherever her career path leads, Jardine definitely wants to stay in athletic training.

Senior quarterback Charles Broom sums it up best. "Whenever we're hurt," he said, "Connie's there."



Trainer Connie Jardine helps a Gator in pain.

Photo by Doug Memuez

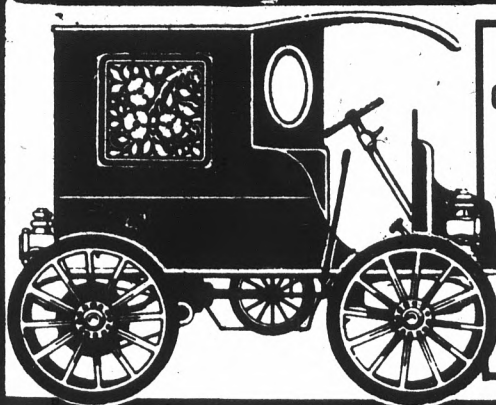
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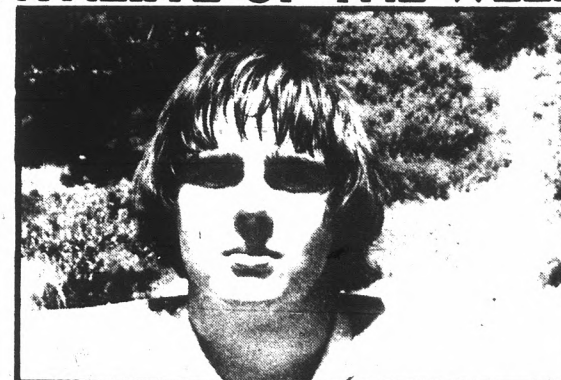
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ATHLETE OF THE WEEK



Alan Dewart 6'1 190lb. Junior

Last weekend against U.S. International the Gators Kicker-Punter, punted eight times for a 42 yard average and booted a 23 yard field goal. The field goal gave Dewart 88 career points, placing him 16th on the All-time career scoring list.

Saturday the Gators host Hayward State in SFSU's home opener at 1:00 pm (Cox Stadium). The game has been designated "Vic Rowen Day" honoring the coach's 26 years at this school.

backwords

by Glenn Ow

Barter — cashing in on an old idea

Tony Gravino needed a pool sweep for his swimming pool.

Preston Mathews was looking for a new stereo system.

KSJO radio station wanted 100,000 decals for promotional purposes.

The three got what they wanted, and did not have to pay for their purchases — at least not in cash.

They all belong to trade exchanges, today's version of the pre-currency marketplace where people gathered to barter goods and services.

The four major exchanges in the Bay Area are the United Trade Club, with its main office in Santa Clara; Exchange Enterprises, part of a national organization with three Bay Area franchises; Blue Key Exchange, based in Burlingame; and the San Jose-based Trade Systems Corp.

They may differ slightly in organization and operation, but all four offer the same basic service: the opportunity for businesses to exchange goods and services without exchanging cash.

The idea, of course, is not a new one.

Barter has existed ever since two people discovered each had something the other desired. Historically, it prevailed in economies before the introduction of money.

More recently, barter was often used on an individual basis during the Depression, when cash was scarce.

Today, we most often see barter take place in the form of direct trade. Sports teams, looking for the edge that will get them a championship, trade athletes.

Trade exchanges operate a bit differently, and direct trade rarely occurs. So when Mathews wanted his sound system, he did not have to search for a stereo dealer in need of his own typesetting and printing services.

Instead, Mathews looked through the club directory, which comes out every few months and lists all member businesses, to find a stereo dealer. He went to the dealer, chose his system and agreed on a price, and then pulled out his trade exchange credit card.

From there, the trade exchange took over. Using a computer, it transferred the agreed-upon sum from Mathews' trade account to that of the dealer. In turn, the dealer could then spend that amount, referred to as trade credits, with any exchange member — and there are many.

George Maddux, president of United Trade Club, said more than 2,300 businesses have joined his organization in its nine years of operation.

He thinks trade exchanges are growing in popularity because "joining enables members to buy and create business without using cash, which they can spend on other things."

Tony Gravino sees another benefit. As publisher of *The San Franciscan*, a magazine distributed through the tour-

ist industry, Gravino receives ads from many local restaurants.

"Sometimes they (restaurant owners) want to pay in cash and trade. I can only eat so many dinners," said Gravino, who turns over the trade to his exchange and has his account credited.

Gravino belongs to two trade exchanges.

"I think they're great," he said. "They have attracted different types of clients and opened up other areas in trade for the magazine." Besides acquiring the pool sweep, Gravino has had his magazine printed by exchange members.

Maddux said the condition of the economy also helps determine how businesses perceive trading.

"As the dollar erodes, trade starts looking better," he said. Given the state of the U.S. economy, it is not surprising to learn business is brisk for Maddux and his competitors.

Trade Systems Corp. has been in business three years and has more than 800 members. Blue Key Exchange, also three years old, boasts more than 1,000 members. Nationwide, Exchange Enterprises International has more than 15,000 members, about 1,500 of whom are in the Bay Area.

It is not uncommon for a business to belong to several exchanges. Mathews holds four memberships — three local ones and another in a Los Angeles organization.

G. Richard White, general manager of Blue Key Exchange, estimated there are 100 trade exchanges nationwide.

The four Bay Area exchanges all operate similarly.

An example is Trade Systems Corp., headed by its founder and president Sharon Marr, a former research assistant for a European investment firm.

When a business applies to join, Trade Systems runs a credit check and looks at the service or goods the firm has to offer.

"We have to place a limit on services," Marr said. "If we signed up 100 barbers and they all spent their limit of trade, look at how many haircuts they would have to give. We don't have enough heads."

"On the other hand, we always need more retailers," said Mike Perez, Trade Systems' vice president of operations. Carpeting, televisions, stereos and leather goods are high-demand items.

If Trade Systems accepts the business, the new member pays a \$300 membership fee, half in cash and half in trade, and receives a trade credit card.

The new member now has a \$300



credit limit.

If a member is not receiving much trade, a promotional director will help publicize the business to other members.

And if a member is building up too much credit, there is a trade director to advise the business on how it might spend some of its trade dollars.

"This is usually the case with retailers," Marr said, "because they receive a lot of business but don't have the time to spend the credit. I think our trade director has the best job — shopping with someone else's money."

Occasionally, a member may not find the desired service or product in the directory, and Trade Systems will embark on a search.

"We have one customer who, I swear, comes up with something once a month just to get us," said Perez, laughing. "Once, he wanted a digital bathroom scale — not the kind you look down at to read the numbers, but the kind where you can look across to

read it." (He did not get it.)

Perez also failed to get that customer the pogo stick he requested, "but I did get him his unicycle."

"His most recent request is..." said Perez, searching his memory, "oh yes, it's for a Japanese gardener to take care of his Japanese garden."

"And it can't be an Occidental who knows Japanese gardening," Marr added. "It has to be a Japanese gardener."

This illustrates one of the drawbacks of trade exchanges. Not all products and services available in the cash market are represented in the trade market.

Mathews is satisfied with his Trade Systems membership, but he had a complaint about the recruiting tactics of other exchanges.

"Sometimes, when these clubs are trying to get you to join, they show you their directories which list all these nice places to go," he said. "But then when you've joined, it turns out

they have received their limit of trade and cannot take anymore until they spend some of their trade dollars. But no one tells you that before you join."

Trade Exchanges make their profit by levying a surcharge on each purchase. Trade Systems charges 8 percent and handles between \$200,000 and \$250,000 in transactions each month.

You may not find a supplier of digital bathroom scales or pogo sticks in a trading directory, but you will find a variety of goods and services, ranging from the commonplace, such as accounting, furniture and restaurants, to the more offbeat, like aerial advertising, hypnosis and even off-campus college degree programs.

"We are like a mini-economy," Marr said, "a government within a government."

This mini-economy is divided into seven categories: advertising media, contractors and construction, personal and commercial services (such as dry cleaners and beauty salons), professional, restaurants and entertainment, retailers, and transportation.

Each month, Perez analyzes trade among the categories, "to make sure each is doing its share so the system will work. When purchases are more than 20 percent over sales in a category, there is an imbalance and the system, or economy, is thrown off," he said.

"Trade is not for everyone," warned Marr. "It's not as easy to use as the cash dollar, and it takes work and imagination to make it work effectively."

Marr herself utilizes the exchange for clothes, shoes, jewelry, meals "and everything in the office," which includes the modern, wood-paneled furniture, a thick, gold shag carpet and a Zenith television.

Every trade exchange has an arbitration board (staffed by elected exchange members) to resolve those complaints that cannot be settled just by bringing the two parties together.

"Usually, the complaints are about services either not rendered or done inadequately," Perez said.

Other complaints may deal with price inflating. Some members may quote a higher price in trade than they would in a cash transaction.

Those are the common problems. Marr remembers when one of the members of the arbitration board was involved in a complaint.

"The board member lost," Marr said. "He immediately complied with the decision, then canceled his membership. He could dish it out, but he couldn't take it."

Then there was the time Marr was brought before the board.

"A member took management to arbitration and won," Marr said. "I was in the wrong. This person had called the office and used abusive language to the girls here. I got angry and canceled him, which I had no power to do."

"The arbitration board ordered him reinstated and fined him for the abusive language. Only the board could recommend expulsion."

This has happened just once in Trade Systems' history, to a contractor who raised his prices if he learned the service was to be paid for in trade credit.

"Because trade is not closely regulated by the government," said White of Blue Key Exchange, "we get our share of the less than desirable people who want to trade with us."

Blue Key's arbitration board is currently handling a complaint against an art dealer accused of dealing in phony Picassos. "The board can't levy punitive damages but it can nullify all deals and recommend severing of relations," White said.

At Trade Systems, if a member refuses to comply with the arbitration board's decision, he or she can be taken to small claims court. This has not happened yet.

At present, there are no tax benefits in joining a trade exchange.

Larry Wolf of the Internal Revenue Service said the IRS "treats trade just as it would a cash transaction," and this is what trade exchanges advise their members to do when they fill in their tax forms.

"However, it has never been firmly established by law that trade is to be treated like cash," White said. "But that's what the IRS does, so that's what we recommend to our members."

The local trade exchanges seem to be flourishing. Trade Systems opened a San Francisco sales office six months ago, and Perez describes business as "fantastic." Marr is interested in the Bakersfield and Lake Tahoe areas as the next possible sites.

As they grow, trade exchanges are capable of handling larger transactions. One Trade Systems member has purchased an \$18,000 forklift, paying \$8,000 in cash and \$10,000 in trade.

White said some of Blue Key's members "wouldn't flinch at \$9,000 (transactions)."

"In fact," he said, "I know of one construction firm that is considering doing houses on trade."

But the ultimate trade is the one negotiated by a Phoenix, Ariz. member of Exchange Enterprises. He dealt for a \$100,000 item — a Lear jet.

Muni's hard-working women operators: driving the line and raising their kids

by D.D. Wolohan

One is a former Greyhound bus driver. Another used to drive trucks in Los Angeles and worked for the Navy. Another worked for the city welfare director in Los Angeles and drove diesel rigs. The last worked for the Environmental Protection Agency in financial management. This is the story of four Municipal Railway employees. Three are operators; one is an inspector. They're all women.

Female platform operators, as they're officially called, are nothing new to Muni. During the war years of the '40s a dozen women drove the lines. In the '50s there were about 30, but when they retired or quit they were not replaced by other women. Within the last ten years their numbers have increased again.

Of the Muni's 1,862 operators, 50 are women. They are in the streetcar, trolley and motor coach divisions. None work the cable car line. (None have requested this.)

Julia Sheppard has been driving the diesel coaches for 28 years. She awakes at 4:30 a.m., has some tea and fixes her husband breakfast before leaving for her 5:58 run on the 15 line along 3rd Street. A full load of commuters journeyed downtown during rush hour. A full load of City College students returned.

Her 5-year-old grandson accompanied her this day and perked up as the bus approached the Kirkland yard at the Wharf. His father, her son, works out of this division. He's been a Muni driver for three years. Resentment or bad times with other drivers because she is a woman couldn't be farther from the truth.

"They're the greatest bunch I've

ever known. In fact they're probably the reason..." she's interrupted as another driver gets on her bus, very happy to see her. "Hello Julia! How's it going?" he asks. They talk and laugh.

Although she has no horror stories to tell, things have changed over the years. "You have to be very very careful in the way you deal with people. I've had no real trouble... mostly (from) young teenagers. I stand up as tall as I can."

"I didn't used to get any flak. Then you told them to put out a cigarette. Now you ask them."

She has been suspended a few times during her 28 years — most recently last Friday for leaving a stop too early. She arrived at the Southern Pacific Depot on time but wouldn't have if she didn't leave Market Street early. She was a few minutes late completing Tuesday's run because traffic crawled on Battery Street.

"I used to get days off (suspensions) all the time for not wearing a hat," she said of the old rule. After the suspension days added up for each offense she figured she had better wear her hat. "But I hated it."

"Thank you lovely lady. See you tomorrow," a regular passenger said as he got off the bus. "See you babe," Sheppard replied.

Working the extra board (filling in for drivers on vacation or sick) her first seven years she'd be up at 4 a.m. working days, then switch and work nights. She preferred the day shift because of her children.

Sheppard, 55, has always driven the motor coaches. She's never tried a street car.

"They wouldn't let me work the owl," she said of the all-night buses.

"The latest I work is 11:30 p.m. A lot of women work the owl now. In this day and age I wouldn't want to. There aren't radios on a lot of buses," she complained.

Last week the women operators met to get acquainted and talk about problems. Lack of restrooms and a possible change of uniforms were discussed.

Evelyn Wells, 29, has worked for Muni two and a half years. She started on the streetcars and is now an inspector — the only woman in management. Her job is to try to keep the runs on schedule, reroute the necessary units and investigate accidents. One of 60 inspectors, she was stationed at 4th and Market Streets this week where she oversaw 17 lines. The power on the trolley lines was off at 8:30 Tuesday morning so she had to reroute buses until the power returned a half hour later.

One of Wells' goals is to be general manager someday. "Why not?" she asked. "The doors are open." She was appointed inspector after coming in through the affirmative action program, which might've caused some resentment from men already on the inspector's list.

Muni receives 80 percent subsidization from the government. This is one reason Wells thinks she was chosen over a man since there were no women in management at all. As for qualifications, she was number 84 out of the 1,500 who qualified for Muni jobs in 1975.

Her husband is a Muni driver who works nights — from 5 p.m. to 1 a.m. mostly. Her shift is from about 7 a.m. to 1 p.m. so someone is always home to take care of their 5 1/2 year-old daughter.

Fern Modena is also married to a Muni man. She's been operating streetcars — mostly on the L and M lines for two and one-half years. Her husband Jerry, who's been with Muni for 13 years, is now on the LRV's, the new fleet of streetcars.

Photo by Doug Menuez



Julia Sheppard

The Modenas were married 15 months ago on an old streetcar with about 400 of their Muni friends attending at the Geneva barn. The immediate family was on the streetcar "Muni was terrific about this," she said.

Fern Modena left the car barn at 5:46 a.m. this Sunday — a bag of corn flakes on the dashboard. On her second trip downtown there were about 10 passengers — mostly Chinese. "Next trip I'll probably have a full load of Chinese going to Chinatown," she said. Even though there are activi-

ties in the Sunset "they are tied to Chinatown and go there every Sunday."

Of the rush hours, she prefers the morning by far. "People have just gotten up. They don't have any problems and they don't mind standing so

weeks ago someone was killed after jumping the fence on 19th Ave. near Holloway. He was hit by a streetcar. "What do they think the fences are for?" she asked.

Proceeding through the Twin Peaks tunnel outbound an approaching

much. Also, nothing has broken down — the condition of the equipment is better in the morning," she said. "The people who are inclined to grumble aren't awake enough."

Modena is the only regular woman conductor on the streetcars presently.

"There's very little I don't like about this job," she said. "Except for the jay walkers, lack of police enforcement, parked cars and illegal turns," she said.

"There is a tremendous disregard for traffic laws in this town," she emphasized pointing to another car making an illegal left turn. A few

streetcar blinked its lights "That's Jerry," she said of her husband, flashing her lights in response.

Former Greyhound bus driver Ernestine Lanier likes the variety of things during the day on the 22 Fillmore line.

"You learn more about people than at any college," she said. Because she's only been driving for three months she does not have a regular run and finds it difficult because she has children. She has never had any problems on perhaps the city's most dangerous line, but "I'm bound to run into a few sometime."